Semester Plan: -

Total weeks per semester: 26 weeks semester

Number of weeks per semester for instruction: 20 weeks (40 hours per week x 20 weeks=800 hours)

Number of working days: Minimum of 100 working days (5 days per week x 20 weeks)

Vacation, Holidays, Examination and Preparatory Holidays; 6 weeks

Vacation 3 Weeks

Holidays 1 week

Examination and Preparatory Holidays; 2 Weeks

COURSES OF INSTRUCTION WITH CREDIT STRUCTURE

S.No	Semester	Course Code	Course/Subject Title	Theor y credits	Theor y Conta ct hours	Lab/ Skill Lab credits	Lab/ Skill Lab Conta ct hours	Clinical credits	Clinic al Conta ct hours	Total credits	Total (hours)
4	Fourth	• •	Pharmacology II including Fundamentals of prescribing module	3	60						60
		PATH (II) 210	Pathology II and Genetics	1	20						20
		. ,	Adult Health Nursing II with integrated pathophysiology including Geriatric Nursing +Palliative care module	7	140	1	40	6	480		660
		PROF 230	Professionalism, Professional Values and Ethics including bioethics	1	20						20
		SSCC(II) 220	Self-study/Co- curricular								40
			TOTAL	12	240	1	40	6	480 12	2+1+ 7	760+40
									6	5=19	=800

Scheme of Examination

IV SEMESTER

S.No.	Course	Assessment (Marks)						
		Internal	End Semester College exam	End Semester University Exam	Hours	Total marks		
	Theory							
1	Pharmacology & Pathology (I & II) and Genetics	III Sem-25 & IV Sem-25 (with average of both)		75	3	100		
2	Adult Health Nursing II	25		75	3	100		
3	Professionalism, Ethics and ProfessionalValues	25	25		2	50		
	Practical							
4	Adult Health Nursing II	50		50		100		

PHARMACOLOGY - II

Including Fundamentals of Prescribing Module

DESCRIPTION: This course is designed to enable students to acquire understanding of Pharmacodynamics, Pharmacokinetics, principles of therapeutics & nursing implications. Further it develops understanding of fundamental principles of prescribing in students.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Explain the drugs used in the treatment of ear, nose, throat and eye disorders.
- 2. Explain the drugs used in the treatment of urinary system disorders.
- 3. Describe the drugs used in the treatment of nervous system disorders.
- 4. Explain the drugs used for hormonal replacement and for the pregnant women during antenatal, intra natal and postnatal period.
- 5. Explain the drugs used to treat emergency conditions and immune disorders.
- 6. Discuss the role and responsibilities of nurses towards safe administration of drugs used to treat disorders of various systems with basic understanding of pharmacology.
- 7. Demonstrate understanding about the drugs used in alternative system of medicine.
- 8. Demonstrate understanding about the fundamental principles of prescribing.

COURSE OUTLINE

$\boldsymbol{T-Theory}$

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	4 (T)		Drugs used in disorders of ear, nose, throat & Eye Antihistamines Topical applications for eye (Chloramphenicol, Gentamycin eye drops), ear (Soda glycerin, boric spirit ear drops), nose and buccal cavity-chlorhexidine mouthwash Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	Lecture cum Discussion Drug study/ presentation	Short answer Objective type
П	4 (T)	Describe drugs acting on urinary system & nurse's responsibilities	Pharmacology of commonly used drugs ○ Renin angiotensin system ○ Diuretics and antidiuretics ○ Drugs toxic to kidney ○ Urinary antiseptics ○ Treatment of UTI – acidifiers and alkalinizers Composition, action, dosage, route, indications, contraindications, Drug interactions, side effects, adverse effects toxicity and role of nurse	Lecture cum Discussion Drug study/ presentation	 Short answer Objective type
III	10 (T)	Describe drugs used on nervous system & nurse's responsibilities	 Drugs acting on nervous system Basis & applied pharmacology of commonly used drugs Analgesics and anaesthetics Analgesics: Non-steroidal anti-inflammatory (NSAID) drugs Antipyretics Opioids & other central analgesics ✓ General (techniques of GA, pre anesthetic medication) & local anesthetics ✓ Gases: oxygen, nitrous, oxide, carbon-dioxide & others Hypnotics and sedatives Skeletal muscle relaxants Antipsychotics Mood stabilizers 	Lecture cum Discussion Drug study/ presentation	Short answer Objective type

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
IV	5 (T)	Describe drugs used for hormonal disorder & supplementation, contraception & medical termination of pregnancy & nurse's	 Antidepressants Antianxiety Drugs Anticonvulsants Drugs for neurodegenerative disorders & miscellaneous drugs Stimulants, ethyl alcohol and treatment of methyl alcohol poisoning Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects toxicity and role of nurse Drugs used for hormonal, disorders and supplementation, contraception and medical termination of pregnancy Estrogens and progesterones Oral contraceptives and hormone 	Lecture cum Discussion Drug study/ presentation	Short answerObjective type
		responsibilities	 Vaginal contraceptives Vaginal contraceptives Drugs for infertility and medical termination of pregnancy Uterine stimulants and relaxants Composition, actions dosage route indications contraindications, drugs interactions, side effects, adverse effects, toxicity and role of nurse 		
V	3 (T)	Develop understanding about important drugs used for women before, during and after labour	 Drugs used for pregnant women during antenatal, labour and postnatal period Tetanus prophylaxis Iron and Vit K1 supplementation Oxytocin, Misoprostol Ergometrine Methyl prostaglandin F2-alpha Magnesium sulphate Calcium gluconate 	 Lecture cum Discussion Drug study/ presentation 	Short answerObjective type
VI	10 (T)	Describe drugs used in deaddiction, emergency, poisoning, vitamins & minerals supplementation, drugs used for immunization & immune-suppression & nurse's responsibilities	Miscellaneous Drugs used for deaddiction Drugs used in CPR and emergency-adrenaline, Chlorpheniramine, hydrocortisone, Dexamethasone IV fluids & electrolytes replacement Common poisons, drugs used for treatment of poisoning Activated charcoal	 Lecture cum Discussion Drug study/ presentation 	Short answerObjective type

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
VII	4 (T)	Demonstrate awareness of common drugs used in alternative system of	 Ipecac Antidotes, Anti-snake venom (ASV) Vitamins and minerals supplementation Vaccines & sera (Universal immunization program schedules) Anticancer drugs: Chemotherapeutic drugs commonly used Immuno-suppressants and Immunostimulants Introduction to drugs used in alternative systems of medicine Ayurveda, Homeopathy, Unani and 	 Lecture cum Discussion Observational visit 	Short answerObjective type
		medicine	Siddha etc. • Drugs used for common ailments		
VIII	20 (T)	Demonstrate understanding about fundamental principles of prescribing	Fundamental principles of prescribing Prescriptive role of nurse practitioners: Introduction Legal and ethical issues related to prescribing Principles of prescribing Steps of prescribing Prescribing competencies	Completion of module on Fundamental principles of prescribing	 Short answer Assignments evaluation

Bibliography: (Pharmacology)

- 1. Satoskar, Bhandarkar, Ainapure: Pharmacology and pharmacotherapeutics, 18 Edition Popular Prakashan Mumbai.
- 2. M M Das: Pharmacology, Books & Allied (p) Ltd, 4 Edition 2001.
- 3. Linda, Skidmore Roth: Mosby's 2000 Nursing Drug Reference, Mosby Inc, Harcourt Health Sciences Company, Missouri 2000.
- 4. Ramesh Karmegan: First aid to Pharmacology for undergraduates, Paras Medical publishers, Hyderabad, India, 1 Edition 2003.
- 5. K D Tripathi: Essentials of medical pharmacology, 4 Edition, Jaypee Brothers, Bangalore.
- 6. Govoni & Hayes: Drugs and nursing implications, 8 Edition, Appleton & Lange Newyork.
- 7. Rodman & Smith: Clinical pharmacology in nursing, 2 Edition, J B Lippincott company, Philadelphia.
- 8. Richard A Lehne: Pharmacology for nursing care, 3 Edition, W B S aunderers company, Philadelphia, 1990.
- 9. Lalit Mishra: Drug Today, Vol 12, No 12, Lorina publications Inc. Delhi 2004

PATHOLOGY - II AND GENETICS

PLACEMENT: IV SEMESTER

THEORY: 1 Credit (20 hours) (Includes lab hours also)

DESCRIPTION: This course is designed to enable students to acquire knowledge of pathology of various disease conditions, understanding of genetics, its role in causation and management of defects and diseases and to apply this knowledge in practice of nursing.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Apply the knowledge of pathology in understanding the deviations from normal to abnormal pathology
- 2. Rationalize the various laboratory investigations in diagnosing pathological disorders
- 3. Demonstrate the understanding of the methods of collection of blood, body cavity fluids, urine and feces for varioustests
- 4. Apply the knowledge of genetics in understanding the various pathological disorders
- 5. Appreciate the various manifestations in patients with diagnosed genetic abnormalities
- 6. Rationalize the specific diagnostic tests in the detection of genetic abnormalities.
- 7. Demonstrate the understanding of various services related to genetics.

COURSE OUTLINE

$\boldsymbol{T-Theory}$

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	5 (T)	Explain pathological	Special Pathology:	• Lecture	Short answer
		changes in disease conditions of various systems	Pathological changes in disease conditions of selected systems	Discussion Evaluin vains	Objective type
		Systems	1. Kidneys and Urinary tract	• Explain using slides, X-rays and	
		Glomerulonephritis Pyelonephritis Vis	Glomerulonephritis	scans	
			• Visit to pathology lab, endoscopy unit		
			Renal calculi	and OT	
			Cystitis		
			Renal Cell Carcinoma		
			Renal Failure (Acute and Chronic)		
			2. Male genital systems		
			Cryptorchidism		
			Testicular atrophy		
			Prostatic hyperplasia		
			Carcinoma penis and Prostate.		
			3. Female genital system		
			Carcinoma cervix		
			Carcinoma of endometrium		
			Uterine fibroids		
			Vesicular mole and Choriocarcinoma		
			Ovarian cyst and tumors		
			4. Breast		
			Fibrocystic changes		
			Fibroadenoma		
			Carcinoma of the Breast		
			5. Central nervous system		
			Meningitis.		
			• Encephalitis		
			• Stroke		
			Tumors of CNS		
II	5 (T)	Describe the	Clinical Pathology	• Lecture	Short answer
		laboratory tests for examination of body	• Examination of body cavity fluids:	• Discussion	Objective type
		cavity fluids, urine and faeces	 Methods of collection and examination of CSF and other body cavity fluids (sputum, wound discharge) specimen for various clinical pathology, biochemistry and microbiology tests 	Visit to clinical lab and biochemistry lab	

Unit	Time	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
	(Hrs)				2.2002
			 Analysis of semen: Sperm count, motility and morphology and their importance in infertility Urine: 		
			 Physical characteristics, Analysis, Culture and Sensitivity 		
			• Faeces:		
			o Characteristics		
			 Stool examination: Occult blood, Ova, Parasite and Cyst, Reducing substance etc. 		
			Methods and collection of urine and faeces for various tests		

Bibliography – Pathology

- 1. Harsh Mohan: Text book of Pathology, IV Edition Jaypee Brothers, New Delhi 2000.
- 2. Heller: Pathology: Comprehensive Review 1999 Edition.
- 3. Emanuel Rubin M D, John L Farber: Pathology, III Edition, Lippincott, Philadelphia 1999.
- 4. Carol Mattson Porth: Pathophisiology, VII Edition Lippincott Philadelphia 2002.
- 5. Ramzi S Cotran etal : Robins Pathologic basib of disease, VI Edition, W B Saunders coy USA 1999.
- 6. JCE Underwood : General and systemic pathology , III Edition, Churchill liuvingstone , Philadelphia 2000.
- 7. Canjanov and Linder: Anderson's pathology, X Edition, Lippincott, Philadelphia 1996.
- 8. Vinay Kumar M D etal: Basic Pathology, VI Edition W B Saunders coy USA 1997.
- 9. Walter F Coulson: Surgical Pathology, II Edition J B Lippincott coy Philadelphia, 1988.
- 10. Parakrama Chandrasoma: Concise pathology, III Edition, Hall International, USA,1998.
- 11. Lynne's Gracia, M S & David A Brucker: Diagnostic medical parasitology, III Edition ASM press, Washington'2005.
- 12. Haber et al: Differential diagnosis in pathology, W B Saunders coy, Philadelphia, 2002.

GENETICS

COURSE OUTLINE

T – Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	2 (T)	Explain nature, principles and perspectives of heredity	Introduction: Practical application of genetics in nursing Impact of genetic condition on families Review of cellular division: mitosis and meiosis Characteristics and structure of genes Chromosomes: sex determination Chromosomal aberrations Patterns of inheritance Mendelian theory of inheritance Multiple allots and blood groups Sex linked inheritance Mechanism of inheritance Errors in transmission (mutation)	 Lecture Discussion Explain using slides 	Short answer Objective type
II	2 (T)	Explain maternal, prenatal and genetic influences on development of defects and diseases	Maternal, prenatal and genetic influences on development of defects and diseases Conditions affecting the mother: genetic and infections Consanguinity atopy Prenatal nutrition and food allergies Maternal age	LectureDiscussionExplain using slides	Short answerObjective type
Ш	2 (T)	Explain the screening methods for genetic defects and diseases in neonates and children	 Maternal drug therapy Prenatal testing and diagnosis Effect of Radiation, drugs and chemicals Infertility Spontaneous abortion Neural Tube Defects and the role of folic acid in lowering the risks Down syndrome (Trisomy 21) Genetic testing in the neonates and children Screening for Congenital abnormalities Developmental delay Dysmorphism 	 Lecture Discussion Explain using slides 	 Short answer Objective type

IV	2 (T)	Identify genetic disorders in adolescents and adults	Genetic conditions of adolescents and adults Cancer genetics: Familial cancer Inborn errors of metabolism Blood group alleles and hematological disorder Genetic haemochromatosis Huntington's disease Mental illness	LectureDiscussionExplain using slides	Short answerObjective type
V	2 (T)	Describe the role of nurse in genetic services and counselling	 Services related to genetics Genetic testing Gene therapy Genetic counseling Legal and Ethical issues Role of nurse 	LectureDiscussion	Short answerObjective type

Bibliography –(Genetics)

- 1. S Mandal: Fundamentals of Human Genetics II Edition New Central Book Agency, Kolkota 1996
- 2. S D Gangane: Human Genetics II Edition, Saurabh Printers, Noida.
- 3. Jorde Carey BamshadWhite: Medical Genetics, Mosby 2003.
- 4. J A Fraser Roberts: An introduction to medical genetics, V Edition, Oxford University, 1970.
- 5. Elisabeth F Lanzl: Medical Genetics, The University of Chicago, USA1961.
- 6. J Ben Hill , Helen D Hill : Genetics and Human heredity , Mcgeaw hill book company, Newyork 1955.
- 7. Edmund W Sinnott: Principles of Genetics V Edition Mcgeaw hill book company, Newyork 1950.
- 8. P C Winter, G I Hickey: Instant notes in genetics, Viva books Pvt Ltd, New Delhi 2000.
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- 10. Mary B Mahowald, et al: Genetics in the clinic, Mosby Philadelphia.2001.
- 11. Robert F Muller, Ian D Young: Emery's elements of medical genetics, Churchill Livingstone, Philadelphia, 2001.
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 - 15. Pansky Ban, Review of Medical Embryology. Macmillian Publishing Company, New York 1982.
 - 16.. Smell, Richard S: Clinical Embryology for medical students, Little Brown and Company, Boston,1972.
 - 17 .Langman, Jan :Medical Embryology, William & Wilkins, Baltimore 1973.

PROFESSIONALISM, PROFESSIONAL VALUES & ETHICS INCLUDING BIOETHICSPLACEMENT:

IV SEMESTER

THEORY: 1 Credit (20 hours)

DESCRIPTION: This course is designed to help students to develop an understanding of professionalism and demonstrate professional behavior in their workplace with ethics and professional values. Further the students will be able to identify ethical issues in nursing practice and participate effectively in ethical decision making along with health team members.

COMPETENCIES: On completion of this course, the students will be able to

- 1. Describe profession and professionalism.
- 2. Identify the challenges of professionalism.
- 3. Maintain respectful communication and relationship with other health team members, patients and society.
- 4. Demonstrate professional conduct.
- 5. Describe various regulatory bodies and professional organizations related to nursing.
- 6. Discuss the importance of professional values in patient care.
- 7. Explain the professional values and demonstrate appropriate professional values in nursing practice.
- 8. Demonstrate and reflect on the role and responsibilities in providing compassionate care in the healthcare setting.
- 9. Demonstrate respect, human dignity and privacy and confidentiality to self, patients and their caregivers and otherhealth team members.
- 10. Advocate for patients 'wellbeing, professional growth and advancing the profession.
- 11. Identify ethical and bioethical concerns, issues and dilemmas in nursing and healthcare.
- 12. Apply knowledge of ethics and bioethics in ethical decision making along with health team members.
- 13. Protect and respect patient 's rights.

COURSE OUTLINE

T – Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	5 (T)	Discuss nursing as a	PROFESSIONALISM	Lecture cum	Short answer
		profession	Profession	Discussion	• Essay
			Definition of profession		Objective type
			Criteria of a profession		
			Nursing as a profession		
		Describe the concepts and attributes of	Professionalism		
		professionalism	 Definition and characteristics of professionalism 		
			 Concepts, attributes and indicators of professionalism 		
			• Challenges of professionalism		
		Identify the challenges of professionalism Maintain respectful communication and relationship with other health team members, patients and society	 Personal identity vs professional identity 		
			 Preservation of self-integrity: threat to integrity, Deceiving patient: withholding information and falsifying records 	DebateRole play	
			 Communication & Relationship with team members: Respectful and open communication and relationship pertaining to relevant interests for ethical decision making 		
		_	o Relationship with patients and society		
		Demonstrate professional conduct	Professional Conduct		
			 Following ethical principles 		
		Respect and maintain professional	 Adhering to policies, rules and regulation of the institutions 		
		boundaries between	Professional etiquettes and behaviours	Case based discussion	
		patients, colleagues and society	• Professional grooming: Uniform, Dress code		
		Describe the roles and	 Professional boundaries: Professional relationship with the patients, caregivers and team members 		
		responsibilities of regulatory bodies and professional	Regulatory Bodies & Professional Organizations: Roles & Responsibilities		
		organizations	 Regulatory bodies: Indian Nursing Council, State Nursing Council 	Lecture cum Discussion	
			 Professional Organizations: Trained Nurses Association of India (TNAI), Student Nurses Association (SNA), Nurses League of Christian Medical Association of India, International Council of Nurses (ICN) and International Confederation of Midwives 	• Visit to INC, SNC, TNAI	• Visit reports

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
п	5 (T)	Discuss the importance of professional values Distinguish between personal values and professional values Demonstrate appropriate professional values in nursing practice	 PROFESSIONAL VALUES Values: Definition and characteristics of values Value clarification Personal and professional values Professional socialization: Integration of professional values with personal values Professional values in nursing Importance of professional values in nursing and health care Caring: definition, and process Compassion: Sympathy Vs empathy, Altruism Conscientiousness Dedication/devotion to work Respect for the person- Human dignity Privacy and confidentiality: Incidental disclosure Honesty and integrity: Truth telling Trust and credibility: Fidelity, Loyalty Advocacy: Advocacy for patients, work environment, nursing education and practice, and for advancing the profession 	Lecture cum Discussion Value clarification exercise Interactive learning Story telling Sharing experiences Scenario based discussion	Short answer Essay Assessment of student's behavior with patients and families
III	10 (T)	Define ethics & bioethics Explain ethical principles Identify ethical concerns Ethical issues and dilemmas in health care	ETHICS & BIOETHICS Definitions: Ethics, Bioethics and Ethical Principles Beneficence Non-maleficence: Patient safety, protecting patient from harm, Reporting errors Justice: Treating each person as equal Care without discrimination, equitable access to care and safety of the public Autonomy: Respects patients' autonomy, Self-determination, Freedom of choice Ethical issues and ethical dilemma: Common ethical problems Conflict of interest Paternalism Deception Privacy and confidentiality	 Lecture cum discussion Group discussion with examples Flipping/ self-directed learning Role play Story telling Sharing experiences Case based Clinical discussion Role modeling Group exercise on ethical decision-making following steps on a given scenario Assignment 	 Short answer Essay Quiz Reflective diary Case report Attitude test Assessment of assignment

Unit	Time	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
	(Hrs)			received	11100110015
			Valid consent and refusal		
			Allocation of scarce nursing resources		
			Conflicts concerning new technologies		
			Whistle-blowing		
			Beginning of life issues		
			o Abortion		
			Substance abuse		
			o Fetal therapy		
			Selective deduction		
			 Intrauterine treatment of fetal conditions 		
			Mandated contraception		
			o Fetal injury		
			Infertility treatment		
			• End of life issues		
			o End of life		
			o Euthanasia		
			o Do Not Resuscitate (DNR)		
			• Issues related to psychiatric care		
			Non compliance		
			Restrain and seclusion		
			o Refuse to take food		
		Explain process of ethical decision making and apply knowledge of ethics and bioethics in making ethical decisions Explain code of ethics			
		stipulated by ICN and INC			

Unit	Time	Outcomes	Content	Teaching/ Learning	Assessment
	(Hrs)			Activities	Methods

Discuss the rights of	Process of ethical decision making	
the patients and families to make	Assess the situation (collect information)	
decisions about health care	Identify the ethical problem	
Carc	Identify the alternative decisions	
Protect and respect	Choose the solution to the ethical decision	
patients' rights	Implement the decision	
	Evaluate the decision	
	Ethics committee: Roles and	
	responsibilities	
	Clinical decision making	
	• Research	
	Code of Ethics	
	• International Council of Nurses (ICN)	
	Indian Nursing Council	
	Patients' Bill of Rights-17 patients' rights (MoH&FW, GoI)	
	1. Right to emergency medical care	
	Right to safety and quality care according to standards	
	3. Right to preserve dignity	
	4. Right to nondiscrimination	
	5. Right to privacy and confidentiality	
	6. Right to information	
	7. Right to records and reports	
	8. Right to informed consent	
	9. Right to second opinion	
	10. Right to patient education	
	11. Right to choose alternative treatment options if available	
	12. Right to choose source for obtaining medicines or tests	
	13. Right to proper referral and transfer, which is free from perverse commercial influences	
	Right to take discharge of patient or receive body of deceased from hospital	
	15. Right to information on the rates to be charged by the hospital for each type of service provided and facilities available on a prominent display board and a brochure	
	16 D: 14	

16. Right to protection for patients involved in clinical trials, biomedical

17. Right to be heard and seek redressal

and health research

ADULT HEALTH NURSING - II WITH INTEGRATED PATHOPHYSIOLOGY including Geriatric Nursing AND PALLIATIVE CARE MODULE

PLACEMENT: IV SEMESTER **THEORY:** 7 Credits (140 hours)

PRACTICUM: Lab/Skill Lab (SL): 1 Credit (40 hours) Clinical: 6 Credits (480 hours)

DESCRIPTION: This course is designed to equip the students to review and apply their knowledge of Anatomy, Physiology, Biochemistry and Behavioral sciences in caring for adult patients with Medical/Surgical disorders using nursingprocess approach. It also intends to develop competencies required for assessment, diagnosis, treatment, nursing management, and supportive/palliative and rehabilitative care to adult patients with various Medical Surgical disorders.

COMPETENCIES: On completion of the course the students will apply nursing process and critical thinking in deliveringholistic nursing care with selected Medical and Surgical conditions.

At the completion of Adult Health Nursing II course, students will

- 1. Explain the etiology, pathophysiology, manifestations, diagnostic studies, treatments and complications of selected common medical and surgical disorders.
- 2. Perform complete health assessment to establish a data base for providing quality patient care and integrate theknowledge of diagnostic tests in the process of data collection.
- 3. Identify diagnoses, list them according to priority and formulate nursing care plan.
- 4. Perform nursing procedures skillfully and apply scientific principles while giving comprehensive nursing care topatients.
- 5. Integrate knowledge of anatomy, physiology, pathology, nutrition and pharmacology in caring for patients experiencing various medical and surgical disorders.
- 6. Identify common diagnostic measures related to the health problems with emphasis on nursing assessment andresponsibilities.
- 7. Demonstrate skill in assisting/performing diagnostic and therapeutic procedures.
- 8. Demonstrate competencies/skills to patients undergoing treatment for medical surgical disorders.
- 9. Identify the drugs used in treating patients with selected medical surgical conditions.
- 10. Plan and provide relevant individual and group education on significant medical surgical topics.
- 11. Maintain safe environment for patients and the health care personnel in the hospital.

COURSE OUTLINE

T – Theory, L/SL – Lab/Skill Lab

Unit	Time	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	(Hrs) 12 (T) 4 (SL)	Explain the etiology, pathophysiology, clinical manifestations, diagnostic measures and medical, surgical, nutritional and nursing management of patients with ENT disorders	Nursing management of patient with disorders of Ear, Nose and Throat (Includes etiology, pathophysiology, clinical manifestations, diagnostic measures and medical, surgical, nutritional and nursing management) Review of anatomy and physiology of the ear, nose and throat History, physical assessment, and diagnostic tests Ear External ear: deformities otalgia, foreign bodies and tumors Middle ear: impacted wax, tympanic, membrane perforation, otitis media, and tumors Inner ear: Meniere's disease, labyrinthitis, ototoxicity tumors Upper respiratory airway infections: Rhinitis, sinusitis, tonsillitis, laryngitis Epistaxis, Nasal obstruction, laryngeal obstruction Deafness and its management	 Lecture and discussion Demonstration of hearing aids, nasal packing, medication administration Visit to audiology and speech clinic 	 MCQ Short answer Essay OSCE Assessment of skill (using checklist) Quiz Drug book
Unit	Time	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
П	(Hrs) 12 (T) 4 (SL)	of eye	Nursing management of patient with disorder of eye Review of anatomy and physiology of the eye History, physical assessment, diagnostic assessment Eye Disorders Refractive errors Eyelids: infection, deformities Conjunctiva: inflammation and infection bleeding Cornea: inflammation and infection Lens: cataract Glaucoma Retinal detachment Blindness Eye donation, banking and transplantation	Lecture and discussion Demonstration of visual aids, lens, medication administration Visit to eye bank	MCQ Short Essay OSCE Drug book

III	15 (T) 4 (L/SL)	clinical manifestations, diagnostic tests, and medical, surgical,	Nursing management of patient with Kidney and Urinary problems Review of Anatomy and physiology of the genitourinary system History, physical assessment, diagnostic tests Urinary tract infections: acute, chronic, lower, upper Nephritis, nephrotic syndrome Renal calculi Acute and chronic renal failure Disorders of ureter, urinary bladder and Urethra Disorders of prostate: inflammation, infection, stricture, obstruction, and Benign Prostate Hypertrophy	 Lecture cum Discussion Demonstration Case Discussion Health education Drug book Field visit – Visits hemodialysis unit 	 MCQ Short Note Long essay Case report Submits health teaching on prevention of urinary calculi
IV	6 (T)	Explain the etiology, pathophysiology, clinical manifestations, diagnostic tests, and medical, surgical, nutritional, and nursing management of male reproductive disorders	Nursing management of disorders of male reproductive system Review of Anatomy and physiology of the male reproductive system History, Physical Assessment, Diagnostic tests Infections of testis, penis and adjacent structures: Phimosis, Epididymitis, and	Lecture, DiscussionCase DiscussionHealth education	Short essay

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			Orchitis		
			 Sexual dysfunction, infertility, contraception 		
			Male Breast Disorders: gynecomastia, tumor, climacteric changes		
V	10 (T) 4 (SL)	Explain the etiology, pathophysiology, clinical manifestations, types, diagnostic measures and management of patients with disorders of burns/cosmetic surgeries and its significance	Nursing management of patient with burns, reconstructive and cosmetic surgery Review of anatomy and physiology of the skin and connective tissues History, physical assessment, assessment of burns and fluid & electrolyte loss Burns Reconstructive and cosmetic surgery for burns, congenital deformities, injuries and cosmetic purposes, gender reassignment Legal and ethical aspects Special therapies: LAD, vacuumed dressing. Laser, liposuction, skin health rejuvenation, use of derma filters	 Lecture and discussion Demonstration of burn wound assessment, vacuum dressing and fluid calculations Visit to burn rehabilitation centers 	• OSCE • Short notes
VI	16 (T) 4 (L/SL)	Explain the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients with neurological disorders	 Nursing management of patient with neurological disorders Review of anatomy and physiology of the neurological system History, physical and neurological assessment, diagnostic tests Headache, Head injuries Spinal injuries: Paraplegia, Hemiplegia, Quadriplegia Spinal cord compression: herniation of in vertebral disc Intra cranial and cerebral aneurysms Meningitis, encephalitis, brain, abscess, neuro-cysticercosis Movement disorders: Chorea, Seizures & Epilepsies Cerebrovascular disorders: CVA Cranial, spinal neuropathies: Bell's palsy, trigeminal neuralgia Peripheral Neuropathies Degenerative diseases: Alzheimer's disease, Parkinson's disease Guillain-Barré syndrome, Myasthenia 	 Lecture and discussion Demonstration of physiotherapy, neuro assessment, tracheostomy care Visit to rehabilitation center, long term care clinics, EEG, NCV study unit, 	 OSCE Short notes Essay Drug book

clinical manifestations, diagnostic tests, and medical, surgical, nutritional, and nursing management of immunological disorders Prepare and provides health education on prevention of HIV infection and rehabilitation Describe the national infection control programs Explain the etiology, pathophysiology,	 HIV & AIDS: Epidemiology, Transmission, Prevention of Transmission and management of HIV/AIDS Role of Nurse; Counseling, Health education and home care consideration and rehabilitation National AIDS Control Program – NACO, various national and international agencies for infection control Nursing management of patient with Oncological conditions 	Lecture, discussion Case Discussion/ seminar Refer Module on HIV/AIDS Lecture and discussion	• OSCE • Essay
pathophysiology, clinical manifestations, diagnostic tests, and medical, surgical, nutritional, and nursing management of immunological disorders Prepare and provides health education on prevention of HIV infection and rehabilitation Describe the national infection control programs Explain the etiology, pathophysiology,	 Immunological problems Review of Immune system Nursing Assessment: History and Physical assessment HIV & AIDS: Epidemiology, Transmission, Prevention of Transmission and management of HIV/AIDS Role of Nurse; Counseling, Health education and home care consideration and rehabilitation National AIDS Control Program – NACO, various national and international agencies for infection control Nursing management of patient with Oncological conditions 	Case Discussion/ seminar Refer Module on HIV/AIDS Lecture and discussion	• Essay
Explain the etiology, pathophysiology,	Oncological conditions	discussion	• Essay
manifestations, staging, diagnostic measures and management of patients with different	 Structure and characteristics of normal and cancer cells History, physically assessment, diagnostic tests Prevention screening early detections warning sign of cancer Epidemiology, etiology classification, Pathophysiology, staging clinical manifestations, diagnosis, treatment modalities and medical and surgical nursing management of Oncological condition Common malignancies of various body system eye, ear, nose, larynx, breast, cervix, ovary, uterus, sarcoma, renal, bladder, kidney, prostate Brain, Spinal cord. Oncological emergencies Modalities of treatment: Chemotherapy, Radiotherapy: Radiation safety, AERB regulations, Surgical intervention, Stem cell and bone marrow transplant, Immunotherapy, Gene therapy Psychological aspects of cancer: anxiety, depression, insomnia, anger Supportive care Hospice care 	chemotherapy preparation and administration • Visit to BMT, radiotherapy units (linear accelerator, brachytherapy, etc.), nuclear medicine unit	 Quiz Drug book Counseling, health teaching
	manifestations, staging, diagnostic measures and management of patients with different cancer, treatment modalities including	mannestations, staging, diagnostic measures and management of patients with different cancer, treatment modalities including newer treatments • Prevention screening early detections warning sign of cancer • Epidemiology, etiology classification, Pathophysiology, staging clinical manifestations, diagnosis, treatment modalities and medical and surgical nursing management of Oncological condition • Common malignancies of various body system eye, ear, nose, larynx, breast, cervix, ovary, uterus, sarcoma, renal, bladder, kidney, prostate Brain, Spinal cord. • Oncological emergencies • Modalities of treatment: Chemotherapy, Radiotherapy: Radiation safety, AERB regulations, Surgical intervention, Stem cell and bone marrow transplant, Immunotherapy, Gene therapy • Psychological aspects of cancer: anxiety, depression, insomnia, anger	staging, diagnostic measures and management of patients with different cancer, treatment modalities including newer treatments • Prevention screening early detections warning sign of cancer • Epidemiology, etiology classification, Pathophysiology, staging clinical manifestations, diagnosis, treatment modalities and medical and surgical nursing management of Oncological condition • Common malignancies of various body system eye, ear, nose, larynx, breast, cervix, ovary, uterus, sarcoma, renal, bladder, kidney, prostate Brain, Spinal cord. • Oncological emergencies • Modalities of treatment: Chemotherapy, Radiotherapy: Radiation safety, AERB regulations, Surgical intervention, Stem cell and bone marrow transplant, Immunotherapy, Gene therapy • Psychological aspects of cancer: anxiety, depression, insomnia, anger • Supportive care

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
				module during clinical hours (20 hours)	
IX	15 (T) 4 (L/SL)	Explain the types, policies, guidelines, prevention and management of disaster and the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients with acute emergencies	Nursing management of patient in Emergency and Disaster situations Disaster Nursing Concept and principles of disaster nursing, Related Policies Types of disaster: Natural and manmade Disaster preparedness: Team, guidelines, protocols, equipment, resources Etiology, classification, Pathophysiology, staging, clinical manifestation, diagnosis, treatment modalities and medical and surgical nursing management of patient with medical and surgical emergencies — Poly trauma, Bites, Poisoning and Thermal emergencies Principles of emergency management Medico legal aspects	 Lecture and discussion Demonstration of disaster preparedness (Mock drill) and triaging Filed visit to local disaster management centers or demo by fire extinguishers Group presentation (role play, skit, concept mapping) on different emergency care Refer Trauma care management/ATCN module Guided reading on National Disaster Management Authority (NDMA) guidelines 	OSCE Case presentations and case study
X	10 (T)	Explain the Concept, physiological changes, and psychosocial problems of ageing Describe the nursing management of the elderly	Nursing care of the elderly History and physical assessment Aging process and age-related body changes and psychosocial aspects Stress and coping in elder patient Psychosocial and sexual abuse of elderly Role of family and formal and nonformal caregivers Use of aids and prosthesis (hearing aids, dentures) Legal and ethical issues National programs for elderly, privileges, community programs and health services Home and institutional care	Lecture and discussion Demonstration of communication with visual and hearing impaired Field visit to old age homes	OSCE Case presentations Assignment on family systems of India focusing on geriatric population
XI	15 (T) 8 (L/SL)	Explain the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients in critical care units	Nursing management of patients in critical Care units • Principles of critical care nursing • Organization: physical set-up, policies, staffing norms • Protocols, equipment and supplies	 Lecture and discussion Demonstration on the use of mechanical ventilators, cardiac monitors etc. Clinical practice in 	 Objective type Short notes Case presentations Assessment of skill on monitoring of

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			 Use and application of critical care biomedical equipment: ventilators, cardiac monitors, defibrillators, infusion pump, Resuscitation equipment and any other Advanced Cardiac Life support Nursing management of critically ill patient Transitional care Ethical and Legal Aspects Breaking Bad News to Patients and/or their families: Communication with patient and family End of life care 	different ICUs	patients in ICU. • Written assignment on ethical and legal issues in critical care
XII	5 (T)	Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients with occupational/industrial health disorders	Nursing management of patients occupational and industrial disorders • History, physical examination, Diagnostic tests • Occupational diseases and management	Lecture and discussionIndustrial visit	Assignment on industrial health hazards

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- 5. 5. Shah N.S. (2003) A P I textbook of Medicine, The Association of Physicians of India Mumbai.
- 6. Satoskar R.S., Bhandarkar S.D. & Rege N.N. (2003) Pharmacology and Pharmacotherapeutics (19 th ed) Popular Prakashan, Mumbai.
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- 9. 13 Walsh M. (2002) Watson's Clinical Nursing and Related Sciences (6th ed) Bailliere Tindall Edinburgh

CLINICAL PRACTICUM

CLINICAL PRACTICUM: 6 Credits (480 Hours) – 20 weeks × 24 hours

PRACTICE COMPETENCIES: On completion of the clinical practicum, the students will develop proficiency in applying nursing process and critical thinking in rendering holistic nursing care including rehabilitation to the adult/geriatric patients admitted in Critical Care Units, undergoing cosmetic and reconstructive surgery and with selected medical & surgical disorders of ear, nose, throat, eye, Genitourinary, reproductive, immunologic, nervous systems and in emergency/disaster conditions.

The students will be competent to

- 1. Utilize the nursing process in providing care to the sick adults in the hospital
 - a. Perform complete health assessment to establish a data base for providing quality patient care.
 - b. Integrate the knowledge of diagnostic tests in patient assignment.
 - c. Identify nursing diagnoses and list them according to priority.
 - d. Formulate nursing care plan, using problem solving approach.
 - e. Apply scientific principles while giving nursing care to patients.
 - f. Develop skill in performing nursing procedures applying scientific principle.
 - g. Establish/develop interpersonal relationship with patients and family members.
 - h. Evaluate the expected outcomes and modify the plan according to the patient needs.
- 2. Provide comfort and safety to adult patients in the hospital.
- 3. Maintain safe environment for patients during hospitalization.
- 4. Explain nursing actions appropriately to the patients and family members.
- 5. Ensure patient safety while providing nursing procedures.
- 6. Assess the educational needs of the patient and their family related to medical and surgical disorders and provide appropriate health education to patients.
- 7. Provide pre, intra and post-operative care to patients undergoing surgery.
- 8. Integrate knowledge of pathology, nutrition and pharmacology for patients experiencing selected medical and surgical disorders.
- 9. Integrate evidence-based information while giving nursing care to patients.
- 10. Demonstrate the awareness of legal and ethical issues in nursing practice.

I. Nursing Management of Patients with ENT Disorders

A. Skill Lab

Use of manikins and simulators

- Tracheostomy care
- Instilling Ear and Nasal medications
- Bandage application

B. Clinical Postings

Clinical	Duration (weeks)	Learning	Procedural Competencies/	Clinical	Assessment
area/unit		Outcomes	Clinical Skills	Requirements	Methods
ENT Ward and OPD	2	Provide care to patients with ENT disorders Educate the patients and their families	 Examination of ear, nose, throat and History taking Applying bandages to Ear, Nose Tracheostomy care Preparation of patient, assisting and monitoring of patients undergoing diagnostic procedures Auditory screening tests Audiometric tests Preparing the patient and assisting in special procedures like Anterior/ posterior nasal packing, Ear Packing and Syringing Preparation and after care of patients undergoing ENT surgical procedures Instillation of drops/medication 	 ENT assessment Case study/ Clinical presentation – 1 	 Clinical evaluation OSCE Case report study/ Clinical presentation

II. Nursing Management of Patients with Eye Conditions

A. Skill Lab

Use of manikins and simulators

- Instilling Eye medications
- Eye irrigation
- Eye bandage

B. Clinical Postings

Clinical area/unit	Duration (weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Ophthalmology unit	2	Develop skill in providing care to patients with Eye disorders Educate the patients and	 History taking, Examination of eyes and interpretation Assisting procedures Visual acuity Fundoscopy, retinoscopy, ophthalmoscopy, tonometry, Refraction tests 	 Eye assessment – 1 Health teaching Case study/ Clinical Presentation– 1 	Clinical evaluationOSCEClinical presentation
		their families	 Pre and post-operative care Instillation of drops/ medication Eye irrigation Application of eye bandage Assisting with foreign body removal 		

III. Nursing Management of Patients with Kidney and Urinary System Disorders

A. Skill Lab

Use of manikins and simulators

Assessment: kidney & urinary system

Preparation: dialysis

Catheterization and care

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B. Clinical Postings

Clinical	Duration (weeks)	Learning	Procedural Competencies/	Clinical	Assessment
area/unit		Outcomes	Clinical Skills	Requirements	Methods
Renal ward/ nephrology ward including Dialysis unit	2	Develop skill in Management of patients with urinary, male reproductive problems	 Assessment of kidney and urinary system History taking Physical examination Testicular self-examination digital rectal exam Preparation and assisting with diagnostic and therapeutic procedures Cystoscopy, Cystometrogram, Contrast studies: IVP etc. Peritoneal dialysis Hemodialysis, Lithotripsy Specific tests: Semen analysis, gonorreoea test, Renal/ Prostate Biopsy etc. Catheterization: care Bladder irrigation I/O recording and monitoring Ambulation and exercise 	 Assessment – 1 Drug presentation – 1 Care study/ Clinical presentation – 1 Preparing and assisting in hemodialysis 	 Clinical evaluation Care plan OSCE Quiz Drug Presentation

IV. Nursing Management of Patients with Burns and Reconstructive Surgery

A. Skill Lab

Use of manikins and simulators

- Assessment of burns wound
- Wound dressing

B. Clinical Postings

Clinical area/unit	Duration (weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Burns unit/ reconstructive surgical unit	2	Develop skill in burns assessment and providing care to patients with different types of burns Develop skill in providing care to patients with different types of cosmetic and reconstructive surgeries	 Assessment of burns First aid of burns Fluid & electrolyte replacement therapy Skin care Care of Burn wounds Bathing Dressing Pre-operative and post-operative care of patients Caring of skin graft and post cosmetic surgery Rehabilitation 	burn wound assessment – 1 care study/case presentation – 1	 Clinical evaluation, Care study/case report

V. Nursing Management of Patients with neurological disorders

A. Skill Lab

Use of manikins and simulators

- Range of motion exercises
- Muscle strengthening exercises
- Crutch walking

B. Clinical Postings

Clinical	Duration	Learning	Procedural Competencies/ Clinical	Clinical	Assessment
area/unit	(weeks)	Outcomes	Skills	Requirements	Methods
Neurology- medical/ Surgery wards	3	Develop skill in Management of patients with Neurological problems	 History taking; Neurological Examination Patient monitoring Prepare and assist for various invasive and non-invasive diagnostic procedures Range of motion exercises, muscle strengthening Care of medical, surgical and rehabilitative patients 	Case study/ case presentation – 1Drug	 Clinical evaluation Neuro assessment OSCE Case report/presentations

VI. Nursing Management of Patients with Immunological Disorders

A. Skill Lab

- Barrier Nursing
- Reverse Barrier Nursing

B. Clinical Postings

Clinical	Duration (weeks)	Learning	Procedural Competencies/ Clinical	Clinical	Assessment
area/unit		Outcomes	Skills	Requirements	Methods
Isolation ward/ Medical ward	1	Develop skill in the Management of patients with immunological disorders	 History taking Immunological status assessment (e.g. HIV) and Interpretation of specific tests Caring of patients with low immunity Practicing of standard safety measures, precautions/barrier nursing/reverse barrier/isolation skills 	 Assessment of immune status Teaching of isolation to patient and family care givers Nutritional management Care Note – 1 	Care noteQuizHealth Teaching

VII. Nursing Management of Patients with disorders of Oncological conditions

A. Skill Lab

Use of manikins and simulators

- Application of topical medication
- Administration of chemotherapy

B. Clinical Postings

Clinical	Duration	Learning	Procedural Competencies/ Clinical	Clinical	Assessment
area/unit	(weeks)	Outcomes	Skills	Requirements	Methods
Oncology wards (including day care radiotherapy unit)	3	Develop skill in providing care to patients with oncological disorders	 History taking & physical examination of cancer patients Screening for common cancers: TNM classification Preparation, assisting and after care patients undergoing diagnostic procedures – Biopsies/FNAC – Pap smear – Bone-marrow aspiration Various modalities of treatment – Chemotherapy – Radiotherapy – Pain management – Stoma therapy – Hormonal therapy – Immuno therapy – Gene therapy – Alternative therapy Stoma care and feeding Caring of patients treated with nuclear medicine Rehabilitation 	Care study/clinical presentation – 1 Pre and post-operative care of patient with various modes of cancer treatment Teaching on BSE to family members Visit to palliative care unit	 Clinical evaluation Care study Quiz Drug book

VIII. Nursing Management of Patients in emergency conditions

A. Skill Lab

Use of manikins and simulators

- Assessment: primary and secondary survey
- Trauma care: bandaging, wound care, splinting, positions

B. Clinical Postings

Clinical area/unit	Duration (weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Emergency room/ Emergency unit	2	Develop skill in providing care to patients with emergency health problems	 Practicing _triage' Primary and secondary survey in emergency Examination, investigations & their interpretations, in emergency & disaster situations Emergency care of medical and traumatic injury patients Documentations, assisting in legal procedures in emergency unit Managing crowd Counseling the patient and family in dealing with grieving & bereavement 	 Triage Immediate care Use of emergency trolley 	Clinical evaluationQuiz

IX. Nursing Management of geriatric patients

A. Skill Lab

Use of manikins and simulators

• Use of assistive safety devices

B. Clinical Postings

Clinical area/unit		Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Geriatric ward	1	Develops skill in geriatric assessment and providing care to patients with geriatric illness	and assessment of Geriatric patient	 Geriatric assessment – 1 Care of normal and geriatric patient with illness Fall risk assessment – 1 Functional status assessment – 1 	Clinical evaluationCare plan

X. Nursing Management of Patients in critical care units

A. Skill Lab

Use of manikins and simulators

- Assessment critically ill
- ET tube set up –suction
- TT suction
- Ventilator set up
- Chest drainage
- Bag mask ventilation
- Central & Peripheral line
- Pacemaker

B. Clinical Postings

Clinical area/unit	Duration (weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Critical Care Unit	2	Develop skill in assessment of critically ill and providing care to patients with critical health conditions	 Assessment of critically ill patients Assisting in arterial puncture, ET tube intubation & extubation ABG analysis & interpretation - respiratory acidosis, respiratory alkalosis, metabolic acidosis, metabolic alkalosis Setting up of Ventilator modes and settings and care of patient on a ventilator Set up of trolley with instruments Monitoring and maintenance of Chest drainage system Bag and mask ventilation Assisting and maintenance of Central and peripheral lines invasive Setting up of infusion pump, defibrillator, Drug administration-infusion, intracardic, intrathecal, epidural, Monitoring pacemaker ICU care bundle Management of the dying patient in the ICU 	Hemodynamic monitoring Different scales used in ICU Communicating with critically ill patients	 Clinical evaluation OSCE RASS scale assessment Use of VAE bundle VAP, CAUTI, BSI Case Presentation