Semester Plan: -

Total weeks per semester: 26 weeks semester

Number of weeks per semester for instruction: 20 weeks (40 hours per week x 20 weeks=800 hours)

Number of working days: Minimum of 100 working days (5 days per week x 20 weeks)

Vacation, Holidays, Examination and Preparatory Holidays; 6 weeks

Vacation 3 Weeks

Holidays 1 week

Examination and Preparatory Holidays; 2 Weeks

COURSES OF INSTRUCTION WITH CREDIT STRUCTURE

| S. No. | Semester | Course Code | Course/Subject Title | Theory credits | Theory Conta ct hours | Lab/ Skill Lab credits | Lab/ Skill Lab Conta ct hours | Clinic al credi ts | Clinic al Conta ct hours | Total credits | Total (hours) |
|--------|----------|--------------|---|-------------------|-----------------------|---------------------------------|--|-----------------------------|--------------------------------------|------------------|------------------|
| 1 | First | ENGL 101 | Communicative English | 2 | 40 | | | | | | 40 |
| | | ANAT 105 | Applied Anatomy | 3 | 60 | | | | | | 60 |
| | | PHYS 110 | Applied Physiology | 3 | 60 | | | | | | 60 |
| | | SOCI 115 | Applied Sociology | 3 | 60 | | | | | | 60 |
| | | PSYC 120 | Applied Psychology | 3 | 60 | | | | | | 60 |
| | | N-NF (I) 125 | Nursing Foundation I including First Aid module | 6 | 120 | 2 | 80 | 2 | 160 | 10 | 360 |
| | | SSCC (I) 130 | Self-study/Co-curricular | | | | | | | | 40+40 |
| | | | TOTA L | 20 | 400 | 2 | 80 | 2 | 160 | 20+2+ 2= 24 | 640+80 = 720 |

SCHEME OF EXAMINATION

The distribution of marks in internal assessment, End Semester College Exam, and End Semester University Exam for each course is shown below.

I SEMESTER

| S. No. | | | As | sessment (Marks) |) | |
|--------|---------------------------------------|----------|------------------------------------|------------------------------|-------|----------------|
| | Course | Internal | End Semester College Exam | End Semester University Exam | Hours | Total Marks |
| | Theory | | | | | |
| 1 | Communicative English | 25 | 2 5 | | 2 | 50 |
| 2 | Applied Anatomy & Applied Physiology | 25 | | 75 | 3 | 100 |
| 3 | Applied Sociology & AppliedPsychology | 25 | | 75 | 3 | 100 |
| 4 | Nursing Foundations I | *25 | | | | |
| | Practical | | 1 | | l | 1 |
| 5 | Nursing Foundations I | *25 | | | | |

*Will be added to the internal marks of Nursing Foundations II Theory and Practical respectively in the nextsemester (Total weightage remains the same)

Example:

Nursing Foundations I Theory Internal marks in 1^{st} semester will be added to Nursing Foundations II Theory Internal in the 2^{nd} semester and average of the two semesters will be taken.

I. INTRODUCTION OF THE PROGRAM

The B.Sc. nursing degree program is a four-year fulltime program comprising eight semesters, which prepares B.Sc. nursing graduates qualified to practice nursing and midwifery in a variety of settings in either public/government or private healthcare settings. It adopts credit system and semester system as per the Authority guidelines with minor modifications suitable to professional education in a hybrid form. The program encompasses foundational, core and elective courses. The choice-based system is applicable to electives only and is offered in the form of modules. Modular learning is also integrated in the foundational as well as core courses that are mandatory.

The program prepares nurses and midwives for generalist nursing including midwifery practice. Knowledge acquisition related to wellness, health promotion, illness, disease management and care of the dying is core to nursing practice. Mastery of competencies is the main focus. Students are provided with opportunities to learn a whole range of skills in addition to acquiring knowledge related to nursing practice (nursing and midwifery). This is achieved through learning in skill lab/simulated lab and clinical environment. Simulation will be integrated throughout the curriculum wherever feasible to enable them to develop competencies before entry into real field of practice.

The revised curriculum embraces competency-based and outcome-based approach throughout the program integrating mastery learning and self-directed learning. Transformational and relationship based educational approaches are emphasized. Through the educational process the students assimilate and synthesize knowledge, cultivate critical thinking skills and develop care strategies. Competencies that reflect practice standards of the Council address the areas of cultural diversity, communication technology, teamwork and collaboration, safety, quality, therapeutic interventions and evidence- based practice. They are prepared to provide safe and competent care to patients across life span and influence patient outcomes.

I. PHILOSOPHY

The Council believes that:

Health and wellness are two fundamental concepts that are integrated throughout the program. Health is a state of well- being that encompasses physical, psychological, social, economic and spiritual dimensions. Wellness is the individual's perception of wellness and is influenced by the presence of disease and individual's ability to adapt. Health is a right of all people. Individuals have a right to be active participants in achieving health as they perceive it. Society consists of dynamic and interactive systems involving individuals, families, groups and communities. Cultural diversity, race, caste, creed, socio economic levels, religion, lifestyles, changes in environment and political factors influence it. Nurses and midwives recognize and respect human differences and diversity of population within society and provide ethical care with respect and dignity and protect their rights.

Nursing as a profession and a discipline utilizes knowledge derived from arts, sciences (physical, biological and behavioral), humanities and human experience. Nursing science incorporates clinical competence, critical thinking, communication, teaching learning, professionalism, and caring and cultural competency. Nurses collaborate with other health disciplines to solve individual and community health problems. Nursing facilitates evidence-based practice, compassionate caring among its practitioners in response to emerging issues in healthcare and new discoveries and technologies in profession. Nursing practice requires personal commitment to professional development and life-long learning.

Scope of nursing and midwifery practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across the life span in a wide variety of healthcare settings. Nursing practice is based on acquisition of knowledge, understanding, attitude, competencies and skills through the Council's curricular and practice standards. The competencies in which the students are trained will guide them in performing their scope of practice. Nursing offers qualified nurses and midwives a wealth of opportunities in the field of practice, education, management and research in India and overseas.

The undergraduate nursing program is broad based education within an academic curricular framework specifically directed to the development of critical thinking skills, competencies appropriate to human and professional values. Blended learning approach comprising of experiential learning, reflective learning, scenario based learning and simulated learning is also inbuilt. The teaching learning process encourages mastery learning, modular, self-directed and self-accountable in choice making in terms of elective courses. The program prepares its graduates to become exemplary citizens by adhering to code of ethics and professional conduct at all times in fulfilling personal, social and professional obligations so as to respond to national aspirations. Health and community orientation are provided with special emphasis on national health problems, national health programs and national health policy directives to achieve universal health care for all citizens of India. The main roles of graduates would be provider of care with beginning proficiency in delivering safe care, coordinator/manager of care by being active participant of inter-professional team and member of a profession demonstrating self-responsibility and accountability for practice as well as to support the profession.

The faculty has the responsibility to be role models and create learning environment that facilitates cultivation of critical thinking, curiosity, creativity and inquiry driven self- directed learning and attitude of life-long learning in students. Learners and educators interact in a process whereby students gain competencies required to function within their scope of practice.

II. AIMS & OBJECTIVES

AIMS

The aims of the undergraduate program are to

- a. Produce knowledgeable competent nurses and midwives with clear critical thinking skills who are caring, motivated, assertive and well-disciplined responding to the changing needs of profession, healthcare delivery system and society.
- b. Prepare them to assume responsibilities as professional, competent nurses and midwives in providing promotive, preventive, curative and rehabilitative healthcare services in any healthcare setting.
- c. Prepare nurses and midwives who can make independent decisions in nursing situations within the scope of practice, protect the rights of individuals and groups and conduct research in the areas of nursing practice and apply evidence- based practice.
- d. Prepare them to assume role of practitioner, teacher, supervisor and manager in all healthcare settings.

OBJECTIVES

On completion of the B.Sc. Nursing program, the B.Sc. nursing graduates will be able to

- 1. Utilize critical thinking to synthesize knowledge derived from physical, biological, behavioral sciences, and humanities, in the practice of professional nursing and midwifery.
- 2.Practice professional nursing and midwifery competently and safely in diverse settings, utilizing caring, critical thinking and therapeutic nursing interventions with individuals, families, populations and communities at any developmental stage and with varied lived health experiences.
- 3. Provide promotive, preventive and restorative health services in line with national health policies and programs.
- 4.Integrate professional caring into practice decisions that encompass values, ethical, and moral and legal aspects of nursing.
- 5. Respect the dignity, worth, and uniqueness of self and others.
- 6.Apply concepts of leadership, autonomy and management to the practice of nursing and midwifery to enhance quality and safety in health care.

- 7. Utilize the latest knowledge and skills related to information and technology to enhance patient outcomes.
- 8. Communicate effectively with patients, peers, and all health care providers.
- 9.Utilize the requisite knowledge, skills and technologies to practice independently and collaboratively with all health professionals applying the principles of safety and quality improvement.
- 10. Integrate research findings and nursing theory in decision making in evidence-based practice.
- 11. Accept responsibility and accountability for the effectiveness of one's own nursing and midwifery practice and professional growth as a learner, clinician and leader.
- 12. Participate in the advancement of the profession to improve health care for the betterment of the global society.

2. CURRICULUM IMPLEMENTATION: OVERALL PLAN

Duration of the program: 8 semesters

1-7 Semesters

One Semester Plan for the first 7 Semesters

Total Weeks per Semester: 26 weeks per semester

Number of Weeks per Semester for instruction: 20 weeks (40 hours per week \times 20 weeks = 800

hours) Number of Working Days: Minimum of 100 working days (5 days per week × 20

weeks)

Vacation, Holidays, Examination and Preparatory

Holidays: 6 weeks

Vacation: 3 weeks

Holidays: 1 week

Examination and Preparatory Holidays: 2 weeks

8th Semester

One semester: 22 weeks

Vacation: 1 week Holidays: 1 week

Examination and Preparatory Holidays: 2 weeks

3. COURSES OF INSTRUCTION WITH CREDIT STRUCTURE

| S.No | Semester | Course Code | Course/Subject Title | Theor y credits | Theory Conta ct hours | Lab/ Skill Lab credits | Lab/ Skill Lab Conta ct hours | Clinic al credi ts | Clinic al Conta ct hours | Total credits | Total (hours) |
|------|----------|--------------|---|-----------------------|--------------------------------|---------------------------------|--|-----------------------------|--------------------------------------|------------------|----------------------|
| 1 | First | ENGL 101 | Communicative English | 2 | 40 | | | | | | 40 |
| | | ANAT 105 | Applied Anatomy | 3 | 60 | | | | | | 60 |
| | | PHYS 110 | Applied Physiology | 3 | 60 | | | | | | 60 |
| | | SOCI 115 | Applied Sociology | 3 | 60 | | | | | | 60 |
| | | PSYC 120 | Applied Psychology | 3 | 60 | | | | | | 60 |
| | | ` ' | Nursing Foundation I including First Aid module | 6 | 120 | 2 | 80 | 2 | 160 | 10 | 360 |
| | | SSCC (I) 130 | Self-study/Co-curricular | | | | | | | | 40+40 |
| | | | TOTAL | 20 | 400 | 2 | 80 | 2 | 160 | 20+2+ 2= 24 | 640+80 = 720 |

| 2 | Second | BIOC 135 | Applied Biochemistry | 2 | 40 | | | | | | 40 |
|---|--------|--------------|--|----|-----|---|-----|---|-----|---------------|-----------------|
| | | NUTR 140 | Applied Nutrition and Dietetics | 3 | 60 | | | | | | 60 |
| | | | Nursing Foundation II including Health Assessment module | 6 | 120 | 3 | 120 | 4 | 320 | | 560 |
| | | HNIT 145 | Health/Nursing Informatics & Technology | 2 | 40 | 1 | 40 | | | | 80 |
| | | SSCC(II) 130 | Self-study/Co-curricular | | | | | | | | 40+20 |
| | | | TOTAL | 13 | 260 | 4 | 160 | 4 | 320 | 13+4+ 4=21 | 740+60 = 800 |

4. SCHEME OF EXAMINATION

The distribution of marks in internal assessment, End Semester College Exam, and End Semester University Exam for each course is shown below.

I SEMESTER

| S.No. | Course | | Assessment (Marks) | | | | | | | |
|-------|--|----------|------------------------------------|------------------------------|-------|--------------------|--|--|--|--|
| | | Internal | End Semester College Exam | End Semester University Exam | Hours | Total Mark s | | | | |
| | Theory | | | | | | | | | |
| 1 | Communicative English | 25 | 25 | | 2 | 50 | | | | |
| 2 | Applied Anatomy & Applied Physiology | 25 | | 75 | 3 | 100 | | | | |
| 3 | Applied Sociology & AppliedPsychology | 25 | | 75 | 3 | 100 | | | | |
| 4 | Nursing Foundations I | *25 | | | | | | | | |
| | Practical | l . | I | 1 | _1 | | | | | |
| 5 | Nursing Foundations I | *25 | | | | | | | | |

*Will be added to the internal marks of Nursing Foundations II Theory and Practical respectively in the next semester (Total weightage remains the same) Example:

Nursing Foundations Theory: Nursing Foundations I Theory Internal marks in 1st semester will be added to Nursing Foundations II Theory Internal in the 2nd semester and average of the two semesters will be taken.

II SEMESTER

| S.No. | Course | Assessment (Marks) | | | | | | | | |
|-------|---|---|------------------------------------|------------------------------------|-------|--------------------|--|--|--|--|
| | | Internal | End Semester College Exam | End Semester University Exam | Hours | Total Mark s | | | | |
| | Theory | | | | | | | | | |
| 1 | Applied Biochemistry and Applied Nutrition & Dietetics | 25 | | 75 | 3 | 100 | | | | |
| 2 | Nursing Foundations (I & II) | I Sem-25 & II Sem-25 (with average ofboth) | | 75 | 3 | 100 | | | | |
| 3 | Health/Nursing Informatics &Technology | 25 | 25 | | 2 | 50 | | | | |
| | Practical | | | | | | | | | |
| 4 | Nursing Foundations (I & II) | 50 I Sem-25 & II Sem-25 | | 50 | | 100 | | | | |

VII. ASSESSMENT GUIDELINES

1. Grading of Performance

Based on the performance, each student shall be awarded a final grade at the end of the semester for each course.

Absolute grading is used by converting the marks to grade, based on predetermined class intervals.

UGC 10 point grading system is used with pass grade modified.

| Letter grade | Grade point | Percentage of marks |
|-------------------|-------------|---------------------|
| O (Outstanding) | 10 | 100% |
| A+ (Excellent) | 9 | 90-99.99% |
| A (Very Good) | 8 | 80-89.99% |
| B+ (Good) | 7 | 70-79.99% |
| B (Above Average) | 6 | 60-69.99% |
| C (Average) | 5 | 50-59.99% |
| P (Pass) | 4 | 40-49.99% |
| F (Fail) | 0 | |

For Nursing Courses and all other courses – Pass is at C Grade (5 grade point) 50% and above For English and electives – Pass is at P Grade (4 grade point) 40% and above

Computation of Semester Grade Point Average (SGPA) and Cumulative Grade Point Average (CGPA)

SPGA is the weighted average of the grade points obtained in all courses by the student during the semester (All courses excluding English and electives)

Ex. SGPA Computation

| Course Number | Credit /s | Letter grade | Grade point | Credit point (Credit × grade) |
|------------------|--------------|-----------------|----------------|-------------------------------|
| 1 | 3 (C1) | A | 8 (G1) | $3 \times 8 = 24$ |
| 2 | 4 (C2) | B+ | 7 (G2) | $4 \times 7 = 28$ |

| 3 | 3 (C3) | В | 6 (G3) | $3 \times 6 = 18$ |
|---|--------|---|--------|-------------------|
| | * * | | | |

$$SGPA = \frac{C1G1 + C2G2 + C3G3}{C1 + C2 + C3} = \frac{70}{10} = 7 \text{ (rounded off to two decimal points)}$$

SYLLABUS

COMMUNICATIVE ENGLISH

PLACEMENT: I SEMESTER **THEORY:** 2 Credits (40 hours)

DESCRIPTION: The course is designed to enable students to enhance their ability to speak and write the language (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experience.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Identify the significance of Communicative English for healthcare professionals.
- 2. Apply the concepts and principles of English Language use in professional development such as pronunciation, vocabulary, grammar, paraphrasing, voice modulation, Spelling, pause and silence.
- 3. Demonstrate attentive listening in different hypothetical situations.
- 4. Converse effectively, appropriately and timely within the given context and the individual or team they are communicating with either face to face or by other means.
- 5. Read, interpret and comprehend content in text, flow sheet, framework, figures, tables, reports, anecdotes etc.
- 6. Analyse the situation and apply critical thinking strategies.
- 7. Enhance expressions through writing skills.
- 8. Apply LSRW (Listening, Speaking, Reading and Writing) Skill in combination to learn, teach, educate and share information, ideas and results.

COURSE OUTLINE

T - Theory

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|------------|--|--|---|--|
| I | 3 (T) | Identify the significance of communicative English | What is communication? What are communication roles of listeners, speakers, readers and writers as healthcare professionals? | Definitions with examples, illustrations and explanations Identifying competencies/communicative strategies in LSRW Reading excerpts on the above and interpreting them through tasks | Checking for understanding through tasks |

| II | 5 (T) | Describe concents | Introduction to LSRGW | • Exercises on | Through check |
|----|-------|--|--|---|---|
| П | | Describe concepts and principles of Language (English) use in professional development such as pronunciation, vocabulary, grammar, paraphrasing, voice modulation, spelling, pause and silence | Introduction to LSRGW L – Listening: Different types of listening S – Speaking: Understanding Consonants, Vowels, Word and Sentence Stress, Intonation R – Reading: Medical vocabulary, Gr – Grammar: Understanding tenses, linkers W – Writing simple sentences and short paragraphs – emphasis on correct grammar | Exercises on listening to news, announcements, telephone conversations and instructions from others Information on fundamentals of Speech – Consonant, Vowel, Stress and Intonation with tasks based on these through audio/video and texts Reading a medical dictionary/ glossary of medical terms with matching exercises Information on tenses and basic concepts of correct grammar through fill in the blanks, true/false questions | Through _check your understanding exercises Through _check your understanding exercises |
| | | | | | |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|---|--|---|---|
| Ш | 5 (T) | Demonstrate attentive listening in different hypothetical situations | Focusing on listening in different situations – announcements, descriptions, narratives, instructions, discussions, demonstrations Reproducing Verbatim Listening to academic talks/ lectures Listening to presentation | Listening to announcements, news, documentaries with tasks based on listening With multiple choice, Yes/No and fill in the blank activities | Checking individually against correct answers Listening for specific information Listening for overall meaning and instructions Listening to attitudes and opinions Listening to audio, video and identify key points |
| IV | 9 (T) | Converse effectively, appropriately and timely within the given context and the individual or team they are communicating with either face to face or other means | Speaking – Effective Conversation Conversation situations – informal, formal and neutral Factors influencing way of speaking – setting, topic, social relationship, attitude and language Greetings, introductions, requesting, asking for and giving permission, speaking personally and casual conversations Asking for information, giving instructions and directions Agreeing and disagreeing, giving opinions Describing people, places, events and things, narrating, reporting & reaching conclusions Evaluating and comparing Complaints and suggestions Telephone conversations Delivering presentations | Different types of speaking activities related to the content Guided with prompts and free discussions Presentation techniques Talking to peers and other adults. Talking to patients and Patient attenders Talking to other healthcare professionals Classroom conversation Scenario based learning tasks | Individual and group/peer assessment through live speaking tests Presentation of situation in emergency and routine Handoff Reporting in doctors/nurses' rounds Case presentation Face to face oral communication Speaking individually (Nurse to nurse/patient/ doctor) and to others in the group Telephonic talking |
| V | 5 (T) | Read, interpret and comprehend content in text, flow sheet, framework, figures, tables, reports, anecdotes | Reading Reading strategies, reading notes and messages Reading relevant articles and news items Vocabulary for everyday activities, abbreviations and medical vocabulary Understanding visuals, graphs, figures and notes on instructions | Detailed tasks and exercises on reading for information, inference and evaluation Vocabulary games and puzzles for medical lexis | Reading/ summarizing/ justifying answers orally Patient document Doctor's prescription of care Journal/news |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|---|---|--|--|
| VI | 5 (T) | Enhance | Reading reports and interpreting them Using idioms and phrases, spotting errors, vocabulary for presentations Remedial Grammar Writing Skills | Grammar activities Writing tasks with | reading and interpretation Notes/Reports Paper based |
| | `, | expressions through writing skills | Writing patient history Note taking Summarising Anecdotal records Letter writing Diary/Journal writing Report writing Paper writing skills Abstract writing | focus on task fulfilment, coherence and cohesion, appropriate vocabulary and correct grammar • Guided and free tasks • Different kinds of letter writing tasks | assessment by the teacher/ trainer against set band descriptors Presentation of situation Documentation Report writing Paper writing skills Verbatim reproducing Letter writing Resume/CV |
| VII | 8 (T) | Apply LSRW Skill in combination to learn, teach, educate and share information, ideas and results | LSRW Skills Critical thinking strategies for listening and reading Oral reports, presentations Writing instructions, letters and reports Error analysis regarding LSRW | Valuating different options/multiple answers and interpreting decisions through situational activities Demonstration – individually and in groups Group Discussion Presentation Role Play Writing reports | Consolidated assessment orally and through written tasks/exercises |

Books Recommended

- 1. Living English Grammar & Composition Tickoo M.L. & Subramanian A.E, Oriental Longman, New Delhi.
- 2. English for practical purposes Valke, Thorat Patil & Merchant, Macmillan Publication, New Delhi.
- 3. Enriching your competence in English, by Thorat, Valke, Orient Publication, Pune
- 4. English Grammar & Composition Wren & Martin, S. Chand Publications-2005, Delhi.
- 5.Selva Rose, Carrier English for Nurses, 1st edition -1999, published by Orient Long man Pvt. Ltd. 1997, Chennai.

Suggested Assessment/ Evaluation Methods <u>EXAMINATION SCHEME</u>

| S.No. | Course/Subject Title | Internal | End Semester College Exam | End Semester University Exam | Hours | Total Marks |
|-------|-------------------------|----------|------------------------------------|---------------------------------------|-------|----------------|
| 1. | Communicative English | 25 | 25 | | 2 | 50 |

EVALUATION: INTERNAL ASSESSMENT

| S.No. | Name of the Course | Continuous Assessment | Sessional Theory/ Practical Exams | Total Marks |
|-------|-----------------------|--------------------------|---|-------------|
| 1. | Communicative English | 10 | 15 | 25 |

| ; | Scheme of Internal Assessment of th | neory out of 25 | marks | | |
|--|---|--|----------|-------|-----------|
| Sr. | Theory | Quantity | Marks | Round | Final |
| No | | | | off | Round off |
| | | | | | IA |
| 1. | Class Test I | - | 50 marks | 30 | Out of 15 |
| 2. | Class Test II | | 75 | 30 | - |
| | | | Marks | | |
| 3. | Written Assignment | 2 | 50 | 10 | |
| 4. | Seminar/Microteaching/individual presentation | 2 | 50 | 12 | Out of 10 |
| 5. | Group project/Work/Report | 1 | 50 | 6 | |
| 6 | Attendance | (95-100%: 2 marks, 90-94: 1.5 marks, 85-89: 1 mark, 80-84: 0.5 mark, <80: 0) | | 2 | |
| | Total | | 255 | | 25 |
| (Marks of each component to be rounded of the respective | | | | | |
| colur | nns marks and the final IA need t | | | | |
| (15+1 | 10). | | | | |

APPLIED ANATOMY

PLACEMENT: I SEMESTER

THEORY: 3 Credits (60 hours)

DESCRIPTION: The course is designed to assists student to recall and further acquire the knowledge of the normal structure of human body, identify alteration in anatomical structure with emphasis on clinical application to practice nursing.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Describe anatomical terms.
- 2. Explain the general and microscopic structure of each system of the body.
- 3. Identify relative positions of the major body organs as well as their general anatomic locations.
- 4. Explore the effect of alterations in structure.
- 5. Apply knowledge of anatomic structures to analyze clinical situations and therapeutic applications.

COURSE OUTLINE

T - Theory

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|--|---|--|--|
| I | 8 (T) | Define the terms relative to the anatomical position | Introduction to anatomical terms and organization of the human body • Introduction to anatomical terms relative to position – anterior, ventral, posterior dorsal, superior, inferior, median, lateral, proximal, distal, superficial, deep, prone, supine, palmar and plantar | Lecture cum Discussion Use of models Video demonstration | Quiz MCQ Short answer |
| | | Describe the anatomical planes | Anatomical planes (axial/ transverse/ horizontal, sagittal/vertical plane and coronal/frontal/oblique plane) | Use of microscopic slides | |
| | | Define and describe the terms used to describe movements | Movements (flexion, extension, abduction, adduction, medial rotation, lateral rotation, inversion, eversion, supination, pronation, plantar flexion, dorsal flexion and circumduction | Lecture cum Discussion | |
| | | | Cell structure, Cell division | Video/Slides | |

| | | Organization of human body and structure of cell, tissues membranes and glands Describe the types of cartilage Compare and contrast the features of skeletal, smooth and cardiac muscle | Tissue – definition, types, characteristics, classification, location Membrane, glands – classification and structure Identify major surface and bony landmarks in each body region, Organization of human body Hyaline, fibro cartilage, elastic cartilage Features of skeletal, smooth and cardiac muscle Application and implication in nursing | • Anatomical Torso | |
|---|-------|---|---|--|--|
| П | 6 (T) | Describe the structure of respiratory system Identify the muscles of respiration and examine their contribution to the mechanism of breathing | The Respiratory system Structure of the organs of respiration Muscles of respiration Application and implication in nursing | Lecture cum DiscussionModelsVideo/Slides | Short answer Objective type |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|---|---|--|---|
| III | 6 (T) | Describe the structure of digestive system | The Digestive system Structure of alimentary canal and accessory organs of digestion Application and implications in nursing | Lecture cum Discussion Video/Slides Anatomical Torso | Short answerObjective type |
| IV | 6 (T) | Describe the structure of circulatory and lymphatic system. | The Circulatory and Lymphatic system Structure of blood components, blood vessels Arterial and Venous system Position of heart relative to the associated structures Chambers of heart, layers of heart Heart valves, coronary arteries Nerve and blood supply to heart Lymphatic tissue Veins used for IV injections Application and implication in nursing | LectureModelsVideo/Slides | Short answerMCQ |
| V | 4 (T) | Identify the major endocrine glands and describe the structure of endocrine Glands | The Endocrine system • Structure of Hypothalamus, Pineal Gland, Pituitary gland, Thyroid, Parathyroid, Thymus, Pancreas and Adrenal glands | Lecture Models/charts | Short answer Objective type |
| VI | 4 (| Describe the structure of various sensory organs | The Sensory organs • Structure of skin, eye, ear, nose and tongue • Application and implications in nursing | Lecture Explain with Video/ models/charts | Short answerMCQ |

| VII | . , | Describe anatomical position and structure of bones and joints | The Musculoskeletal system: The Skeletal system | Review – discussionLecture | Short answer Objective type |
|-----|-----|--|---|---|---|
| | | Identify major bones that make up the axial and appendicular skeleton | Anatomical positions Bones – types, structure, growth and ossification | Discussions Explain using charts, skeleton and loose bones and torso | |
| | | Classify the joints | Axial and appendicular skeleton | Identifying muscles involved in nursing | |
| | | Identify the application and implications in nursing | Joints – classification, major joints and structure | procedures in lab | |
| | | Describe the structure of muscle | Application and implications in nursing | | |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|---|---|-------------------------------------|-----------------------|
| | | Apply the knowledge in performing nursing procedures/skills | The Muscular system Types and structure of muscles Muscle groups – muscles of the head, neck, thorax, abdomen, pelvis, upper limb and lower limbs Principal muscles – deltoid, biceps, triceps, respiratory, abdominal, pelvic floor, pelvic floor muscles, gluteal muscles and vastus lateralis Major muscles involved in nursing procedures | | |
| VIII | 5 (T) | Describe the structure of renal system | The Renal system • Structure of kidney, ureters, bladder, urethra • Application and implication in nursing | Lecture Models/charts | MCQ Short answer |

| IX | () | Describe the structure of reproductive system | The Reproductive system Structure of male reproductive organs Structure of female reproductive organs Structure of breast | LectureModels/charts | MCQ Short answer |
|----|-----|--|--|--|----------------------|
| X | | Describe the structure of nervous system including the distribution of the nerves, nerve plexuses Describe the ventricular system | | Lecture Explain with models Video slides | MCQ Short answer |

Note: Few lab hours can be planned for visits, observation and handling(less than 1 credit lab hours are not specified separately)

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Suggested Assessment/ Evaluation Methods

| 5 | Scheme of Internal Assessment of th | neory out of 25 | marks | | |
|--|---|-----------------|---|-------|-----------|
| Sr. | Theory | Quantity | Marks | Round | Final |
| No | | | | off | Round off |
| | | | | | IA |
| 1. | Class Test I | l | 50 marks | 30 | Out of 15 |
| 2. | Class Test II | | 75 | 30 | - |
| | | | Marks | | |
| 3. | Written Assignment | 2 | 50 | 10 | |
| 4. | Seminar/Microteaching/individual presentation | 2 | 50 | 12 | Out of 10 |
| 5. | Group project/Work/Report | 1 | 50 | 6 | 1 |
| 6 | Attendance | ` | marks, 90-94: 5-89: 1 mark, rk, <80: 0) | 2 | |
| (Marks of each component to be rounded of the respective | | | | | |
| columns marks and the final IA need to be calculated out of 25 | | | | | |
| (15+1 | 10). | | | | |

EVALUATION PERFORMA FOR WRITTEN ASSIGNMENT Name of student: -Name of evaluator: -Mark: 10 SR.NO CRITERIA MARK ALLOTTED MARK OBTAINED Format 03 02 Objective 3 Setting 02 Bibliography 4 01 Summary and Evaluation 5 02 Total 10 Remarks:____

SIGN OF STUDENT

EVALUATION PERFORMA FOR SEMINAR/ MICROTEACHING/ INDIVIDUAL PRESENTATION

| Name | of topic: | | Data |
|-------------|------------------------------------|----------------|----------------|
| Name | of evaluator: | | Date: |
| Name | of student: | | |
| 1 (001110 | | | |
| Group | | | |
| | | | , |
| Sr no. | Criteria | Marks Allotted | Marks Obtained |
| | | | |
| 1 | Introduction | 01 | |
| 3 4 | Organization of Content | 01 | |
| 3 | Presentation of topic | 01 | |
| | Relevant examples | 01 | |
| 5 | Relevant statistical data | 01 | |
| 5 6 7 | Group participation | 01 | |
| | AV Aids | 01 | |
| 8 | Use of Modern technology | 01 | |
| 9 | Physical facilities | 01 | |
| 10 | Personal Appearance and Mannerisms | 01 | |
| 11 | Voice & Clarity | 01 | |
| 12 | References | 01 | |
| | TOTAL | 12 | |
| | al Remarks of the Teacher: | | |
| Remai | rks for Improvement: | ••••••• | •••••••••• |

SIGNATURE OF STUDENT

SIGNATURE OF EVALUATOR

EVALUATION PERFORMA FOR GROUP PROJECT/WORK/REPORT

| Name of Student: - | |
|----------------------|--|
| Name of Evaluator: - | |

Mark: 06

| SR.NO | CRITERIA | MARK ALLOTTED | MARK OBTAINED |
|-------|------------------------|---------------|---------------|
| | | | |
| 1 | Organization | 01 | |
| 2 | Adequacy of content | 01 | |
| 3 | Neatness | 01 | |
| 4 | Presentation | 02 | |
| 5 | Summary and Evaluation | 01 | |
| | Total | 06 | |

| Remarks: | | | |
|----------|------|------|--|
| | | | |
| | | | |
| | | | |
| | | | |

SIGN OF STUDENT

EVALUATION PERFORMA FOR CLINICAL PRESENTATION

| Name of student :- | |
|----------------------|--|
| Name of evaluator :- | |

Mark: 10

| SR.NO | CRITERIA | MARK ALLOTTED | MARK OBTAINED |
|-------|------------------------|---------------|---------------|
| | | | |
| 1 | Format | 02 | |
| 2 | Objective | 01 | |
| 3 | Setting | 01 | |
| 4 | A.V Aids | 01 | |
| 5 | Communication skills | 02 | |
| 6 | Bibliography | 01 | |
| 7 | Summary and Evaluation | 02 | |
| | Total | 10 | |

| Remarks: | | |
|----------|--|--|
| | | |
| | | |
| | | |
| | | |

SIGN OF STUDENT

EVALUATION PERFORMA FOR DRUG PRESENTATION AND REPORT

| Name of Student: - | |
|----------------------|--|
| Name of Evaluator: - | |

Mark: 10

| SR.NO | CRITERIA | MARK ALLOTTED | MARK OBTAINED |
|-------|------------------------|---------------|---------------|
| | | | |
| 1 | Content | 02 | |
| 2 | Organization | 02 | |
| 3 | Nursing responsibility | 02 | |
| 4 | Resource used | 01 | |
| 5 | Completeness | 01 | |
| 6 | Neatness | 01 | |
| 7 | Bibliography | 01 | |
| | Total | 10 | |

| Remarks: | | |
|----------|------|--|
| | | |
| | | |
| | | |
| | | |

SIGN OF STUDENT

EVALUATION PERFORMA FOR CASE STUDY REPORT

| Name o | f evaluator: - | | |
|--------|--|---------------|---------------|
| | | | Mark: |
| SR.NO | CRITERIA | MARK ALLOTTED | MARK OBTAINED |
| 1 | Assessment/Introduction | 01 | |
| 2 | Knowledge and Understanding of Disease | 02 | |
| 3 | Nursing Care Plan | 02 | |
| 4 | Discharge plan | 01 | |
| 5 | Prognosis | 01 | |
| 6 | Summary and Evaluation | 02 | |
| 7 | Bibliography | 01 | |
| | Total | 10 | |

SIGN OF STUDENT

CLINICAL EVALUATION PERFORMA

| Name of the student: |
|-------------------------------|
| Year: |
| Subject: |
| Area of clinical experience: |
| Duration of posting in weeks: |
| Name of the supervisor: |

Total Marks: - 10

Scores:- 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

| Sr.No. | EVALUATION CRITERIA | MARKS ALLOTTED | MARKS OBTAINED |
|--------|--|----------------|----------------|
| I. | Personal & Professional behavior 1. Wears clean & neat uniform and well groomed. 2. Arrives and leaves punctually. 3. Demonstrates understanding of the need for quietness in speech & manner & protects the patient from undue notice. 4. Influential & displaced persuasive assertive leadership behavior | 02 | |
| II. | Attitude to Co-workers and patients Works well as member of nursing team. Gives assistance to other in clinical situations. Understands the patient as an individual. Shows skills in gaining the confidence & cooperation of patients and relatives, tactful and considerate. | 02 | |
| III. | Application of knowledge Possess sound knowledge of medical surgical conditions. Has sound knowledge of scientific principles. Able to correlate theory with practice. | 02 | |

| | 4. Has knowledge of current treatment modalities inclusive of medicine, surgery, pharmacology and dietetics. 5. Takes interest in new learning from current literature & seeks help from resourceful people. | | |
|-----|---|----|--|
| | Nursing Process 1. Assessment and Nursing Diagnosis 2. Planning 3. Implementation 4. Evaluation 5. Documentation | 02 | |
| IV. | Quality of clinical skill Identifies problems & sets priorities and grasps essentials while performing duties. Applies principles in carrying out procedures& carries out duties promptly. Has technical competence in performing nursing procedures. Resourceful and practices economy of time material and energy. Observes carefully, reports & records signs & symptoms & other relevant information. Uses opportunities to give health education to patients & relatives | 02 | |
| | Grant Total | 10 | |

| R | emarl | ks fo | r in | npro | vement: |
|---|-------|-------|------|------|---------|
|---|-------|-------|------|------|---------|

| | Stu | dent' | 's R | lem | ar | k: |
|--|-----|-------|------|-----|----|----|
|--|-----|-------|------|-----|----|----|

Signature of the student

Signature of the teacher

EVALUATION PERFORMA FOR OSCE

| Name of Student: - | | |
|----------------------|--|--|
| Name of Evaluator: - | | |

Mark: 05

| SR.NO | CRITERIA | MARK ALLOTTED | MARK OBTAINED |
|-------|---|---------------|---------------|
| | | | |
| 1 | Identifies problems & sets priorities | 01 | |
| 2 | Applies Scientific principles | 01 | |
| 3 | Competence in performing Nursing procedures. | 01 | |
| 4 | Resourceful and practices economy of time material and energy. | 01 | |
| 5 | Recording and Reporting | 01 | |
| 6 | Uses opportunities to give health education to patients & relatives | | |
| | Total | 05 | |

| Remarks: | | | |
|----------|------|------|--|
| | | | |
| | | | |
| | | | |
| | | | |

SIGN OF STUDENT

COMPLETION OF PROCEDUREAND CLINICAL REQUIREMENT

| · · · · · · · · · · · · · · · · · · · | of the student: | | |
|---------------------------------------|-------------------------------------|----------------|-------------------|
| Year: - | - | | |
| Subjec | t: | | |
| Area o | f clinical experience: | | |
| Durati | on of posting in weeks: | | |
| Name o | of the supervisor: | | |
| | | | Total Marks: - 03 |
| Sr. No. | EVALUATION CRITERIA | MARKS ALLOTTED | MARKS OBTAINED |
| I. | Personal & Professional behavior | 0.5 | |
| II. | Attitude to Co-workers and patients | 0.5 | |
| III. | Application of knowledge | 0.5 | |
| IV. | Quality of clinical skill | 1.5 | |
| | Total | | |

Signature of the Student

Student's Remark:

Signature of the Teacher

APPLIED PHYSIOLOGY

PLACEMENT: I SEMESTER **THEORY:** 3 Credits (60 hours)

DESCRIPTION: The course is designed to assists student to acquire comprehensive knowledge of the normal functions of the organ systems of the human body to facilitate understanding of physiological basis of health, identify alteration in functions and provide the student with the necessary physiological knowledge to practice nursing.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Develop understanding of the normal functioning of various organ systems of the body.
- 2. Identify the relative contribution of each organ system towards maintenance of homeostasis.
- 3. Describe the effect of alterations in functions.
- 4. Apply knowledge of physiological basis to analyze clinical situations and therapeutic applications.

COURSE OUTLINE

T – Theory

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|--|--|----------------------------------|--|
| I | 4 (T) | Describe the physiology of cell, tissues, membranes and glands | General Physiology – Basic concepts Cell physiology including transportation across cell membrane Body fluid compartments, Distribution of total body fluid, intracellular and extracellular compartments, major electrolytes and maintenance of homeostasis Cell cycle Tissue – formation, repair Membranes and glands – functions Application and implication in nursing | Lecture cum Discussion | Quiz MCQ Short answer |
| II | 6 (T) | Describe the physiology and mechanism of respiration | Respiratory system • Functions of respiratory organs • Physiology of respiration | Video slides | EssayShort answerMCQ |

| 1 | l | İ | 1 | İ | İ |
|------|-------|---|---|-------------------------------|-----------------------|
| | | Identify the | Pulmonary circulation – functional features | | |
| | | muscles of | Pulmonary ventilation, exchange of gases | | |
| | | respiration and examine their contribution to the | Carriage of oxygen and carbon-dioxide, Exchange of gases in tissue | | |
| | | mechanism of breathing | Regulation of respiration | | |
| | | | Hypoxia, cyanosis, dyspnea, periodic breathing | | |
| | | | Respiratory changes during exercise | | |
| | | | Application and implication in nursing | | |
| III | 8 (T) | Describe the | Digestive system | • Lecture cum | • Essay |
| | | functions of digestive system | • Functions of the organs of digestive tract | Discussion | Short answer |
| | | | Saliva – composition, regulation of secretion and functions of saliva | Video slides | • MCQ |
| | | | Composition and function of gastric juice, mechanism and regulation of gastric secretion | | |
| | | | Composition of pancreatic juice, function, regulation of pancreatic secretion | | |
| | | | • Functions of liver, gall bladder and pancreas | | |
| | | | Composition of bile and function | | |
| | | | Secretion and function of small and large intestine | | |
| | | | Movements of alimentary tract | | |
| | | | Digestion in mouth, stomach, small intestine, large intestine, absorption of food | | |
| | | | Application and implications in nursing | | |
| IV | 6 (T) | Explain the functions of the | Circulatory and Lymphatic system | • Lecture | Short answer |
| | | functions of the | • Functions of heart, conduction system, | | |
| Unit | | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
| | | heart, and | cardiac cycle, Stroke volume and cardiac | Discussion | • MCQ |
| | | physiology of circulation | output | Video/Slides | |
| | | | Blood pressure and Pulse | | |
| | | | Circulation – principles, factors influencing blood pressure, pulse | | |
| | | | Coronary circulation, Pulmonary and systemic circulation | | |
| | | | Heart rate – regulation of heart rate | | |
| | | | Normal value and variations | | |
| | | | Cardiovascular homeostasis in exercise | | |

| | and posture | |
|--|--|--|
| | Application and implication in nursing | |

| V | 5 (T) | Describe the | Blood | • Lecture | • Essay |
|------|-------|---|---|-------------------------|------------------|
| | | composition and functions of blood | Blood – Functions, Physical characteristics | Discussion | • Short answer |
| | | | • Formation of blood cells | • Videos | • MCQ |
| | | | • Erythropoiesis – Functions of RBC, RBC life cycle | | |
| | | | • WBC – types, functions | | |
| | | | Platelets – Function and production of platelets | | |
| | | | Clotting mechanism of blood, clotting time, bleeding time, PTT | | |
| | | | Hemostasis – role of vasoconstriction, platelet plug formation in hemostasis, coagulation factors, intrinsic and extrinsic pathways of coagulation | | |
| | | | Blood groups and types | | |
| | | | Functions of reticuloendothelial system, immunity | | |
| | | | Application in nursing | | |
| VI | 5 (T) | Identify the major | The Endocrine system | • Lecture | Short answer |
| | | endocrine glands and describe their functions | Functions and hormones of Pineal Gland, Pituitary gland, Thyroid, Parathyroid, Thymus, Pancreas and Adrenal glands. | Explain using charts | • MCQ |
| | | | Other hormones | | |
| | | | Alterations in disease | | |
| | | | Application and implication in nursing | | |
| VII | 4 (T) | Describe the | The Sensory Organs | • Lecture | Short answer |
| | | structure of various sensory | • Functions of skin | • Video | • MCQ |
| | | organs | Vision, hearing, taste and smell | | |
| | | | • Errors of refraction, aging changes | | |
| | | | Application and implications in nursing | | |
| VIII | 6 (T) | Describe the functions of | Musculoskeletal system | • Lecture | Structured essay |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|----------------------|---------|----------------------------------|-----------------------|
| | ` ′ | | | | |

| vario musc speci and r | us types of cles, its al properties nerves lying them | Bones – Functions, movements of bones of axial and appendicular skeleton, Bone healing Joints and joint movements Alteration of joint disease Properties and Functions of skeletal muscles – mechanism of muscle contraction Structure and properties of cardiac muscles and smooth muscles Application and implication in nursing | Discussion Video presentation | Short answerMCQ |
|---------------------------------|---|---|--|--|
| | ribe the liology of | Renal system | • Lecture | Short answer |

| IX | 4 (T) | Describe the physiology of renal system | Renal system Functions of kidney in maintaining homeostasis GFR Functions of ureters, bladder and urethra Micturition Regulation of renal function Application and implication in nursing | LectureCharts and models | Short answerMCQ |
|----|-------|--|--|--|--|
| X | 4 (T) | Describe the structure of reproductive system | The Reproductive system Female reproductive system – Menstrual cycle, function and hormones of ovary, oogenesis, fertilization, implantation, Functions of breast Male reproductive system – Spermatogenesis, hormones and its functions, semen Application and implication in providing nursing care | Lecture Explain using charts, models, specimens | Short answerMCQ |

| XI | functions of brain, physiology | • Review of types, structure and functions of neurons | Lecture cum Discussion Video slides | Brief structured essays Short answer MCQ Critical reflection |
|----|--------------------------------|---|--|---|
|----|--------------------------------|---|--|---|

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|----------------------|---|----------------------------------|-----------------------|
| | | | Reflexes CSF formation, composition, circulation of CSF, blood brain barrier and blood CSF | | |
| | | | Application and implication in nursing | | |

Note: Few lab hours can be planned for visits, observation and handling(less than 1 credit lab hours are not specified separately)

BIBLIOGRAPHY

- 1. Waugh, Anne (2003), "Ross & Wilson's Anatomy & Physiology in health & illness" 10th ed., Churchill Livingstone.
- 2. Anthony & Thibodcon (2000), "Anatomy & Physiology for nurses" 11th ed., C.V. Mosby Co., London.
- 3. Greig, Rhind, "Riddle's Anatomy & Physiology", 7th ed., Churchill Livingstone.
- 4. Singh, I. B. (2005), "Anatomy & Physiology for nurses", 1st ed., Jaypee.

- 5. Tortora, (2003), "Principles of Anatomy & Physiology," 10th ed., Wiley inter.
- 6. Chaurasia, B.D. (2004), "Human Anatomy", 4th ed., CBS publishers.
- 7. Sembulingam, "Essentials of Medical Physiology," 3rd Edition 2004 J.P. Publications.
- 8. Ganong. F. William, "Review of Medical Physiology", 15th Edition, Prentice Hall International Inc., Appleton and Lange.
- 9. Guyton and Hall, "Textbook of Medical Physiology," 9 th Edition, A Prism2. Indian Edn. Pvt. Ltd.
- 10.T Clenister and Jean Rosy (1974). "Anatomy and Physiology for Nurses" 2 nd Edition, William Hernmarni Medical BK. Ltd.

| 5 | Scheme of Internal Assessment of the | ory out of 25 | marks | | |
|-------|---|---------------|---|-------|-----------|
| Sr. | Theory | Quantity | Marks | Round | Final |
| No | | | | off | Round off |
| | | | | | IA |
| 1. | Class Test I | -1 | 50 marks | 30 | Out of 15 |
| 2. | Class Test II | | 75 | 30 | |
| | | | Marks | | |
| 3. | Written Assignment | 2 | 50 | 10 | |
| 4. | Seminar/Microteaching/individual presentation | 2 | 50 | 12 | Out of 10 |
| 5. | Group project/Work/Report | 1 | 50 | 6 | |
| 6. | Attendance | | marks, 90-94: 5-89: 1 mark, ck, <80: 0) | 2 | |
| (Mar | ks of each component to be rour | | | | |
| colun | nns marks and the final IA need to | | | | |
| (15+1 | 0). | | | | |

APPLIED SOCIOLOGY

PLACEMENT: I SEMESTER
THEORY: 3 Credits (60 hours)

DESCRIPTION: This course is designed to enable the students to develop understanding about basic concepts of sociologyand its application in personal and community life, health, illness and nursing.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Identify the scope and significance of sociology in nursing.
- 2. Apply the knowledge of social structure and different culture in a society in identifying social needs of sick clients.
- 3. Identify the impact of culture on health and illness.
- 4. Develop understanding about types of family, marriage and its legislation.
- 5. Identify different types of caste, class, social change and its influence on health and health practices.
- 6. Develop understanding about social organization and disorganization and social problems in India.
- 7. Integrate the knowledge of clinical sociology and its uses in crisis intervention.

COURSE OUTLINE

T - Theory

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|--|--|-------------------------------------|---|
| I | , , | Describe the scope and significance of sociology in nursing | Introduction Definition, nature and scope of sociology Significance of sociology in nursing | Lecture Discussion | EssayShort answer |
| п | 15 (T) | Describe the individualization, Groups, processes of Socialization, social change and its importance | Social structure Basic concept of society, community, association and institution Individual and society Personal disorganization Social group – meaning, characteristics, and classification. Social processes – definition and forms, Cooperation, competition, conflict, accommodation, assimilation, isolation Socialization – characteristics, process, agencies of socialization Social change – nature, process, and role of nurse | Lecture cum Discussion | Essay Short answer Objective type |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|---|---|--|--|
| Ш | 8 (T) | Describe culture and | Structure and characteristics of urban, rural and tribal community. Major health problems in urban, rural and tribal communities Importance of social structure in nursing profession Culture | • Lecture | • Essay |
| | | its impact on health and disease | Nature, characteristic and evolution of culture Diversity and uniformity of culture Difference between culture and civilization Culture and socialization Transcultural society Culture, Modernization and its impact on health and disease | Panel discussion | Short answer |
| IV | 8 (T) | Explain family, marriage and legislation related to marriage | Family and Marriage Family – characteristics, basic need, types and functions of family Marriage – forms of marriage, social custom relating to marriage and importance of marriage Legislation on Indian marriage and family. Influence of marriage and family on health and health practices | • Lecture | EssayShort answerCase study report |
| V | 8 (T) | Explain different types of caste and classes in society and its influence on health | Social stratification Introduction – Characteristics & forms of stratification Function of stratification Indian caste system – origin and characteristics Positive and negative impact of caste in society. Class system and status Social mobility-meaning and types Race – concept, criteria of racial classification Influence of class, caste and race system on health. | Lecture Panel discussion | EssayShort answerObjective type |
| VI | 15 (T) | Explain social organization, disorganization, social problems and role of nurse in reducing social problems | Social organization and disorganization Social organization – meaning, elements and types Voluntary associations Social system – definition, types, role and status as structural element of social system. Interrelationship of institutions Social control – meaning, aims and process of social control | Lecture Group discussion Observational visit | EssayShort answerObjective typeVisit report |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|--|---|---|--|
| | | | Social norms, moral and values Social disorganization – definition, causes, Control and planning Major social problems – poverty, housing, food supplies, illiteracy, prostitution, dowry, Child labour, child abuse, delinquency, crime, substance abuse, HIV/AIDS, COVID-19 Vulnerable group – elderly, handicapped, minority and other marginal group. Fundamental rights of individual, women and children Role of nurse in reducing social problem and enhance coping Social welfare programs in India | | |
| VII | 5 (T) | Explain clinical sociology and its application in the hospital and community | Clinical sociology Introduction to clinical sociology Sociological strategies for developing services for the abused Use of clinical sociology in crisis intervention | Lecture,Group discussionRole play | EssayShort answer |

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- 1. Sachadeva Y.V., An introduction to sociology, kithab mahal: Allahabad
- 2. R.K.Manelkar, Sociology for Nurses, Sivosankar T.P., Vora Medical Publications
- 3. K.P.Pothen, S.Pothen, Sociology for Nurses, 3rd Edition, N.R.Brothers, Indore. C.N. Shankar Rao Principals of sociology with introduction to social thoughts, S Chand E Company Publishers
- 4. Ashok N.Patel, S.S.Hooda, Sociology
- 5. Dr.N.H.Groenman, Dr.O D'aslevin, M A Bockenham, Social and Behvioural sciences for Nurses, 1st edition, Campanion Press Ltd.
- 6. Dr.Ajithkumar Sinha, Principles of Sociology, Lakshmi Narain Agarwal educational publishers
- 7. T.B.Bottomore, Sociology A guide to problem and literature, 2nd edition, Blockie & Sons Publishers Pvt. Ltd.

| 5 | Scheme of Internal Assessment of th | neory out of 25 | marks | | |
|-----------|--|-----------------|---|--------------|--------------------|
| Sr. No | Theory | Quantity | Marks | Round off | Final Round off IA |
| 1. | Class Test I | | 50 marks | 30 | Out of 15 |
| 2. | Class Test II | | 75 Marks | 30 | |
| 3. | Written Assignment | 2 | 50 | 10 | |
| 4. | Seminar/Microteaching/individual presentation | 2 | 50 | 12 | Out of 10 |
| 5. | Group project/Work/Report | 1 | 50 | 6 | |
| 6 | Attendance | | marks, 90-94: 5-89: 1 mark, rk, <80: 0) | 2 | |
| | ks of each component to be ronns marks and the final IA need to 10). | | | | |

APPLIED PSYCHOLOGY

PLACEMENT: I SEMESTER
THEORY: 3 Credits (60 Hours)

DESCRIPTION: This course is designed to enable the students to develop understanding about basic concepts of psychology and its application in personal and community life, health, illness and nursing. It further provides students opportunity to recognize the significance and application of soft skills and self-empowerment in the practice of nursing.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Identify the importance of psychology in individual and professional life.
- 2. Develop understanding of the biological and psychological basis of human behaviour.
- 3. Identify the role of nurse in promoting mental health and dealing with altered personality.
- 4. Perform the role of nurses applicable to the psychology of different age groups.
- 5. Identify the cognitive and affective needs of clients.
- 6. Integrate the principles of motivation and emotion in performing the role of nurse in caring for emotionally sick client.
- 7. Demonstrate basic understanding of psychological assessment and nurse's role.
- 8. Apply the knowledge of soft skills in workplace and society.
- 9. Apply the knowledge of self-empowerment in workplace, society and personal life.

COURSE OUTLINE

T - Theory

| | 1 – Theory | | | | | | |
|------|---------------|--|--|--|--|--|--|
| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods | | |
| I | 2 (T) | Describe scope, branches and significance of psychology in nursing | Introduction Meaning of Psychology Development of psychology – Scope, branches and methods of psychology Relationship with other subjects Significance of psychology in nursing Applied psychology to solve everyday issues | Lecture cum Discussion | EssayShort answer | | |
| II | 4 (T) | Describe biology of human behaviour | | LectureDiscussion | EssayShort answer | | |

| III | 5 (T) | Describe mentally | Mental health and mental hygiene | • Lecture | • Essay |
|-----|-------|---------------------------------------|---|---|---|
| | | healthy person and defense mechanisms | Concept of mental health and mental hygiene | Case discussionRole play | Short answer Objective type |
| | | | Characteristic of mentally healthy person | Role play | objective type |
| | | | Warning signs of poor mental health | | |
| | | | Promotive and preventive mental health strategies and services | | |
| | | | Defense mechanism and its implication | | |
| | | | Frustration and conflict – types of conflicts and measurements to overcome | | |
| | | | Role of nurse in reducing frustration and conflict and enhancing coping | | |
| | | | • Dealing with ego | | |
| IV | 7 (T) | Describe | Developmental psychology | • Lecture | • Essay |
| | | psychology of people in different | Physical, psychosocial and cognitive | • Group | Short answer |
| | | age groups and role of nurse | development across life span – Prenatal through early childhood, middle to late childhood through adolescence, early and mid-adulthood, late adulthood, death and dying | • discussion | |
| | | | Role of nurse in supporting normal growth and development across the life span | | |
| | | | Psychological needs of various groups in health and sickness – Infancy, childhood, adolescence, adulthood and older adult | | |
| | | | Introduction to child psychology and role of nurse in meeting the psychological needs of | | |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|--|--|--|--|
| | | | children Psychology of vulnerable individuals – challenged, women, sick etc. Role of nurse with vulnerable groups | | |
| V | ` , | Explain personality and role of nurse in identification and improvement in altered personality | Personality Meaning, definition of personality Classification of personality Measurement and evaluation of personality – Introduction Alteration in personality Role of nurse in identification of individual personality and improvement in altered personality | LectureDiscussionDemonstration | Essay and short answer Objective type |

| VI | 16 (T) | Explain cognitive process and their applications | Cognitive process Attention – definition, types, determinants, duration, degree and alteration in attention Perception – Meaning of Perception, principles, factor affecting perception, Intelligence – Meaning of intelligence – Effect of heredity and environment in intelligence, classification, Introduction to measurement of intelligence tests – Mental deficiencies Learning – Definition of learning, types of learning, Factors influencing learning – Learning process, Habit formation Memory-meaning and nature of memory, factors influencing memory, methods to improve memory, forgetting Thinking – types, level, reasoning and problem solving. Aptitude – concept, types, individual differences and variability Psychometric assessment of cognitive processes – Introduction Alteration in cognitive processes | • Lecture • Discussion | Essay and short answer Objective type |
|-----|--------|--|--|------------------------------|--|
| VII | 6 (T) | Describe motivation, emotion, attitude and role of nurse in emotionally sick client | Motivation and emotional processes Motivation – meaning, concept, types, theories of motivation, motivation cycle, biological and special motives Emotions – Meaning of emotions, development of emotions, alteration of emotion, emotions in sickness – handling emotions in self and other Stress and adaptation – stress, stressor, cycle, effect, adaptation and coping | Lecture Group discussion | Essay and short answer Objective type |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------|----------------------|--|----------------------------------|-----------------------|
| | | | Attitudes – Meaning of attitudes, nature, factor affecting attitude, attitudinal change, Role of attitude in health and sickness Psychometric assessment of emotions and attitude – Introduction Role of nurse in caring for emotionally sick client | | |

| VIII | 4 (T) | Explain psychological assessment and tests and role of nurse | Psychological assessment and tests – introduction Types, development, characteristics, principles, uses, interpretation Role of nurse in psychological assessment | LectureDiscussionDemonstration | Short answerAssessment of practice |
|------|--------|---|--|---|---|
| IX | 10 (T) | Explain concept of soft skill and its application in work place and society | Application of soft skill Concept of soft skill – visual, aural and communication skill The way of communication Building relationship with client and society Interpersonal Relationships (IPR): Definition, Types, and Purposes, Interpersonal skills, Barriers, Strategies to overcome barriers Survival strategies – managing time, coping stress, resilience, work – life balance Applying soft skill to workplace and society – Presentation skills, social etiquette, telephone etiquette, motivational skills, teamwork etc. Use of soft skill in nursing | Lecture Group discussion Role play Refer/Complete Soft skills module | • Essay and short answer |
| X | 2 (T) | Explain self- empowerment | Self-empowerment Dimensions of self-empowerment Self-empowerment development Importance of women's empowerment in society Professional etiquette and personal grooming Role of nurse in empowering others | LectureDiscussion | Short answerObjective type |

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- 7. Hurlock E : Development psychology : Tata MC grow Hill Book Co.

| 5 | Scheme of Internal Assessment of the | ory out of 25 | marks | | |
|-------|---|---------------|----------|-------|-----------|
| Sr. | Theory | Quantity | Marks | Round | Final |
| No | | | | off | Round off |
| | | | | | IA |
| 1. | Class Test I | - | 50 marks | 30 | Out of 15 |
| 2. | Class Test II | | 75 | 30 | |
| | | | Marks | | |
| 3. | Written Assignment | 2 | 50 | 10 | |
| 4. | Seminar/Microteaching/individual presentation | 2 | 50 | 12 | Out of 10 |
| 5. | Group project/Work/Report | 1 | 50 | 6 | |
| 6 | Attendance | 2 | | | |
| (Mar | ks of each component to be roun | | | | |
| colun | nns marks and the final IA need to | | | | |
| (15+1 | 0). | | | | |

NURSING FOUNDATION - I (including First Aid module)

PLACEMENT: I SEMESTER
THEORY: 6 Credits (120 hours)

PRACTICUM: Skill Lab: 2 Credits (80 hours) and Clinical: 2 Credits (160 hours)

DESCRIPTION: This course is designed to help novice nursing students develop knowledge and competencies required toprovide evidence-based, comprehensive basic nursing care for adult patients, using nursing process approach.

COMPETENCIES: On completion of the course, the students will be able to

- 1. Develop understanding about the concept of health, illness and scope of nursing within health care services.
- 2. Apply values, code of ethics and professional conduct in professional life.
- 3. Apply the principles and methods of effective communication in establishing communication links with patients, families and other health team members.
- 4. Develop skill in recording and reporting.
- 5. Demonstrate competency in monitoring and documenting vital signs.
- 6. Describe the fundamental principles and techniques of infection control and biomedical waste management.
- 7. Identify and meet the comfort needs of the patients.
- 8. Perform admission, transfer, and discharge of a patient under supervision applying the knowledge.
- 9. Demonstrate understanding and application of knowledge in caring for patients with restricted mobility.
- 10. Perform first aid measures during emergencies.
- 11. Identify the educational needs of patients and demonstrate basic skills of patient education.

*Mandatory Module used in Teaching/Learning:

First Aid: 40 Hours (including Basic CPR)

COURSE OUTLINE

T - Theory, SL - Skill Lab

| Unit | Time (Hrs) | Learning Outcomes | Content | Teahing/ Learning Activities | Assessment Methods |
|------|---------------|----------------------------------|---------|---------------------------------|--|
| I | | concept of health and illness | | Discussion | Essay Short answer Objective type |

| II | 5 (T) | Describe the levels | Health Care Delivery Systems – | • Lecture | • Essay |
|-----|-----------------|--|--|---|---|
| | | of illness prevention and care, | Introduction of Basic Concepts & | • Discussion | • Short answer |
| | | health care services | Meanings | | Objective |
| | | | Levels of Illness Prevention – Primary (Health Promotion), Secondary and Tertiary | | type |
| | | | Levels of Care – Primary, Secondary and Tertiary | | |
| | | | Types of health care agencies/ services – Hospitals, clinics, Hospice, rehabilitation centres, extended care facilities | | |
| | | | Hospitals – Types, Organization and Functions | | |
| | | | Health care teams in hospitals – members and their role | | |
| III | 12 (T) | Trace the history of Nursing | History of Nursing and Nursing as a profession | • Lecture | • Essay |
| | | S | History of Nursing, History of Nursing | Discussion | Short answers |
| | | Explain the | in India | Case discussion | • Objective type |
| | | concept, nature and | • Contributions of Florence Nightingale | Role plays | JF- |
| | | Describe values, code of ethics and professional | Nursing – Definition – Nurse, Nursing, Concepts, philosophy, objectives, Characteristics, nature and Scope of Nursing/ Nursing practice, Functions of nurse, Qualities of a nurse, Categories of nursing | | |
| | | conduct for nurses in India | personnel | | |
| | | | Nursing as a profession – definition and characteristics/criteria of profession | | |
| | | | • Values – Introduction – meaning and importance | | |
| | 0.67 | | Code of ethics and professional conduct for nurses – Introduction | | |
| IV | 8 (T) 3 (SL) | Describe the process, principles, | Communication and Nurse Patient Relationship | • Lecture | • Essay |
| | | and types of communication | • Communication – Levels, Elements and Process, Types, Modes, Factors influencing communication | Discussion Role play and video film on Therapeutic Communication | Short answerObjective type |
| | | Explain therapeutic, non-therapeutic and professional communication | Methods of effective communication/therapeu tic communication techniques | | |
| | | Communicate effectively with | Barriers to effective communication/non- therapeutic communication techniques | | |
| | | patients, their families and team | Professional communication | | |
| | | members | Helping Relationships (Nurse Patient Relationship) – Purposes and Phases | | |
| | | | Communicating effectively with patient, families and team members | | |
| | | | Maintaining effective human relations and communication with vulnerable | | |

| | | groups (children, women, physically and mentally challenged and elderly) | | |
|----------------|---|---|--|---|
| V 4 (T) 2 (SL) | Describe the purposes, types and techniques of recording and reporting Maintain records and reports accurately | Documentation and Reporting Documentation – Purposes of Reports and Records Confidentiality Types of Client records/Common Record- keeping forms Methods/Systems of documentation/Recording Guidelines for documentation Do's and Don'ts of documentation/Legal guidelines for Documentation/Recording Reporting – Change of shift reports, Transfer | LectureDiscussionDemonstration | EssayShort answerObjective type |

| | Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|---|------|---------------|----------------------------------|---|----------------------------------|---|
| ľ | VI | 15 (T) | Describe principles | Vital signs | • Lecture | • Essay |
| | | 20 | and techniques of monitoring and | Guidelines for taking vital signs | • Discussion | Short answer |
| | | (SL) | maintaining vital signs | Body temperature – | Demonstration & | • Objective |
| | | | Signs | Definition, Physiology, Regulation, Factors affecting body temperature | Re-demonstration | typeDocument the |
| | | | | Assessment of body temperature – sites, equipment and technique | | given values of |
| | | | | Temperature alterations – Hyperthermia, Heat Cramps, Heat Exhaustion, Heatstroke, Hypothermia | | temperature, pulse, and respiration in the graphic |
| | | | | o Fever/Pyrexia – Definition, Causes, Stages, Types | | sheet OSCE |
| | | | | Nursing Management | | |
| | | | | Hot and Cold applications | | |
| | | | | • Pulse: | | |
| | | | | Definition, Physiology and Regulation, Characteristics, Factors affecting pulse | | |
| | | | Assess and record | Assessment of pulse – sites, equipment and technique | | |
| | | | vital signs accurately | o Alterations in pulse | | |
| | | | | • Respiration: | | |
| | | | | Definition, Physiology and Regulation, Mechanics of breathing, Characteristics, Factors affecting respiration | | |
| | | | | o Assessment of respirations – technique | | |
| | | | | o Arterial Oxygen saturation | | |
| | | | | o Alterations in respiration | | |
| | | | | Blood pressure: D. G. V. D. L. L. L. L. L. L. L. L. L. L. L. L. L. | | |
| | | | | Definition, Physiology and Regulation, Characteristics, Factors affecting BP | | |
| | | | | Assessment of BP – sites, equipment and technique, Common Errors in BP Assessment | | |
| | | | | o Alterations in Blood Pressure | | |
| | | | | Documenting Vital Signs | | |
| F | VII | 3 (T) | Maintain equipment | Equipment and Linen | | |
| | | | and linen | Types – Disposables and reusable | | |
| | | | | Linen, rubber goods, glassware, metal, plastics, furniture | | |
| | | | | Introduction – Indent, maintenance, Inventory | | |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|---------------------|--------------------------------------|---|---|-----------------------|
| VIII | principles and | | Introduction to Infection Control in Clinical setting Infection | • Lecture | • Essay |
| | 3 (SL) | techniques of infection control | Nature of infection | • Discussion | Short answer |
| | | and biomedical | Chain of infection | Demonstration | Objective type |
| | | waste management | Types of infection | Observation of autoclaving and | 3) [3 |
| | Stages of infection | | other sterilization | | |
| | | | • Factors increasing susceptibility to | techniques | |
| | | | infection | Video presentation on medical & | |
| | | | Body defenses against infection – Inflammatory response & Immune response | surgical asepsis | |
| | | | Health care associated infection (Nosocomial infection) | | |
| | | | Introductory concept of Asepsis – Medical & Surgical asepsis | | |
| | | | Precautions | | |
| | | | Hand Hygiene | | |
| | | • (Hand washing and use of hand Rub) | | | |
| | | | Use of Personal Protective Equipment (PPE) | onal Protective Equipment | |
| | | | Standard precautions | | |
| | | | Biomedical Waste management | | |
| | | | Types of hospital waste, waste segregation and hazards – Introduction | | |
| IX | 15 (T) | Identify and meet | Comfort, Rest & Sleep and Pain | • Lecture | • Essay |
| | 15 | the comfort needs of the patients | Comfort | • Discussion | Short answer |
| | (SL) | • | o Factors Influencing Comfort | Demonstration & | • Objective |
| | | | Types of beds including latest beds, purposes & bed making | Re-demonstration | type • OSCE |
| | | | Therapeutic positions | | |
| | | | o Comfort devices | | |
| | | | Sleep and Rest | | |
| | | | o Physiology of sleep | | |
| | | | o Factors affecting sleep | | |
| | | | o Promoting Rest and sleep | | |
| | | | o Sleep Disorders | | |
| | | | • Pain (Discomfort) | | |
| | | | O Physiology | | |
| | | | Common cause of pain Types | | |
| | | | O Types O Assessment – pain scales and narcotic scales | | |
| | | | Pharmacological and Non- pharmacological pain relieving measures – Use of narcotics, TENS | | |

| | 1 1 | | I t t pa | | , |
|---|-----------------|---------------------------------|--|--|---|
| | | | devices, PCA | | |
| | | | Invasive techniques of pain management | | |
| | | | Any other newer measures | | |
| | | | o CAM (Complementary & Alternative healing Modalities) | | |
| | | | | | |
| | | | | | |
| X | 5 (T) 3 (SL) | Describe the concept of patient | Promoting Safety in Health Care Environment | • Lecture | • Essay |
| | 3 (SE) | environment | Physical environment – Temperature, Humidity, Noise, Ventilation, Light, Odor, Pest control | DiscussionDemonstration | Short answerObjective type |
| | | | Reduction of Physical hazards – fire, accidents | | |
| | | | • Fall Risk Assessment | | |
| | | | Role of nurse in providing safe and clean environment | | |
| | | | Safety devices — | | |
| | | | Restraints – Types, Purposes, Indications, Legal Implications and Consent, Application of Restraints- | | |
| | | | Skill and Practice guidelines Other Safety Devices – Side rails, Grab bars, Ambu alarms, non-skid slippers etc. | | |
| | | | | | |

| XI | | | Hospital Admission and discharge | • Lecture | • Essay |
|-----|----------------------|---------------------|---|------------------------------|----------------|
| | 2 (SL) | preparation of unit | | Discussion Demonstration | • Short answer |
| | | | o Admission bed | Demonstration | Objective type |
| | | | o Admission procedure | | |
| | | | o Medico-legal issues | | |
| | | | o Roles and Responsibilities of the nurse | | |
| | | | Discharge from the hospital | | |
| | | | Types – Planned discharge, LAMA and Abscond, Referrals and transfers | | |
| | | | o Discharge Planning | | |
| | | | Discharge procedure | | |
| | | | o Medico-legal issues | | |
| | | | o Roles and Responsibilities of the nurse | | |
| | | | Care of the unit after discharge | | |
| | 0 (70) | - 1.11. | | | |
| XII | caring for natients | | Mobility and Immobility | • Lecture | • Essay |
| | (SL) with restricted | | Elements of Normal Movement, Alignment & Posture, Joint Mobility, | • Discussion | Short answer |
| | (SL) | mobility | Balance, Coordinated Movement | • Demonstration & | • Objective |

| Unit | Time (Hrs) | Learning Outcomes | Content | Teaching/ Learning Activities | Assessment Methods |
|------|----------------------|--|---|--|---|
| | | | Principles of body mechanics Factors affecting Body Alignment and activity Exercise – Types and benefits Effects of Immobility Maintenance of normal Body Alignment and Activity Alteration in Body Alignment and mobility Nursing interventions for impaired Body Alignment and Mobility – assessment, types, devices used, method Range of motion exercises Muscle strengthening exercises Maintaining body alignment – positions Moving Lifting Transferring Walking Assisting clients with ambulation Care of patients with Immobility using Nursing process approach Care of patients with casts and splints | Re-demonstration | type • OSCE |
| XIII | 4 (T) 2 (SL) | Describe the principles and practice of patient education | Patient education • Patient Teaching – Importance, Purposes, Process • Integrating nursing process in patient teaching | DiscussionRole plays | EssayShort answerObjective type |
| XIV | 20 (T) 20 (SL) | Explain and apply principles of First Aid during emergencies | First Aid* Definition, Basic Principles, Scope & Rules First Aid Management Wounds, Hemorrhage & Shock Musculoskeletal Injuries − Fractures, Dislocation, Muscle injuries Transportation of Injured persons Respiratory Emergencies & Basic CPR Unconsciousness Foreign Bodies − Skin, Eye, Ear, Nose, Throat & Stomach Burns & Scalds Poisoning, Bites & Stings Frostbite & Effects of Heat Community Emergencies | Lecture Discussion Demonstration & Re-demonstration Module completion National Disaster Management Authority (NDMA) / Indian Red Cross Society (IRCS) First Aid module | Essay Short answer Objective type OSCE |

CLINICAL PRACTICUM

Clinical Practicum: 2 Credits (160 hours), 10 weeks × 16 hours per week

PRACTICE COMPETENCIES: On completion of the clinical practicum, the students will be able to

- 1. Maintain effective human relations (projecting professional image)
- 2. Communicate effectively with patient, families and team members
- 3. Demonstrate skills in techniques of recording and reporting
- 4. Demonstrate skill in monitoring vital signs
- 5. Care for patients with altered vital signs
- 6. Demonstrate skill in implementing standard precautions and use of PPE
- 7. Demonstrate skill in meeting the comfort needs of the patients
- 8. Provide safe and clean environment
- 9. Demonstrate skill in admission, transfer, and discharge of a patient
- 10. Demonstrate skill in caring for patients with restricted mobility
- 11. Plan and provide appropriate health teaching following the principles
- 12. Acquire skills in assessing and performing First Aid during emergencies.

SKILL LAB

Use of Mannequins and Simulators

| S.No. | Competencies | Mode of Teaching |
|-------|--|--------------------------------|
| 1. | Therapeutic Communication and Documentation | Role Play |
| 2. | Vital signs | Simulator/Standardized patient |
| 3. | Medical and Surgical Asepsis | Videos/Mannequin |
| 4. | Pain Assessment | Standardized patient |
| 5. | Comfort Devices | Mannequin |
| 6. | Therapeutic Positions | Mannequin |
| 7. | Physical Restraints and Side rails | Mannequin |
| 8. | ROM Exercises | Standardized patient |
| 9. | Ambulation | Standardized patient |
| 10. | Moving and Turning patients in bed | Mannequin |
| 11. | Changing position of helpless patients | Mannequin/Standardized patient |
| 12. | Transferring patients bed to stretcher/wheel chair | Mannequin/Standardized patient |
| 13. | Admission, Transfer, Discharge & Health Teaching | Role Play |

CLINICAL POSTINGS – General Medical/Surgical Wards

10 weeks \times 16 hours/week = 160 Hours

| Clinical Unit | Duration (in Weeks) | Learning Outcomes | Procedural Competencies/ Clinical Skills (Supervised Clinical Practice) | Clinical Requirements | Assessment Methods |
|---------------------------------|------------------------|--|--|---------------------------------------|---|
| General Medical/ Surgical | 2 | Maintain effective human relations (projecting | Communication and Nurse patient relationship | | • OSCE |
| wards | | professional image) | Maintaining Communication with patient and family and interpersonal relationship | | |
| | | Communicate | Documentation and Reporting | | |
| | | effectively with patient, families and team members | Documenting patient care and procedures | | |
| | | | ○ Verbal report | | |
| | | Demonstrate skills in techniques of recording and reporting | Written report | | |
| | 2 | Demonstrate skill in | Vital signs | • Care of patients | |
| | | monitoring vital signs | Monitor/measure and document vital signs in a graphic sheet | with alterations in vital signs- 1 | clinical skills using checklist |
| | | Care for patients with | Temperature (oral, tympanic, axillary) | | • OSCE |
| | | altered vital signs | Pulse (Apical and peripheral pulses) | | |
| | | Demonstrate skill in | o Respiration | | |
| | | implementing standard precautions | o Blood pressure | | |
| | | and use of PPE | o Pulse oximetry | | |
| | | | Interpret and report alteration | | |
| | | | Cold Applications – Cold Compress, Ice cap, Tepid Sponging | | |
| | | | • Care of equipment – thermometer, BP apparatus, Stethoscope, Pulse oximeter | | |
| | | | Infection control in Clinical settings | | |
| | | | Hand hygiene | | |
| | | | • Use of PPE | | |
| | 3 | Demonstrate skill in meeting the comfort needs of the patients | Comfort, Rest & Sleep, Pain and Promoting Safety in Health Care Environment | | Assessment of clinical skills using checklist |
| | | | Comfort, Rest & Sleep | | • OSCE |
| | | | Bed making- | | |
| | | | o Open | | |
| | | | o Closed | | |
| | | | o Occupied | | |
| | | | o Post-operative | | |

| | | | Г | T | 1 |
|--|---|--|---|---|---|
| | | | o Cardiac bed | | |
| | | | o Fracture bed | | |
| | | | Comfort devices | | |
| | | | o Pillows | | |
| | | | Over bed table/cardiac table | | |
| | | | o Back rest | | |
| | | | o Bed Cradle | | |
| | | | Therapeutic Positions | | |
| | | | o Supine | | |
| | | | o Fowlers (low, semi, high) | | |
| | | | o Lateral | | |
| | | | o Prone | | |
| | | | ○ Sim's | | |
| | | | o Trendelenburg | | |
| | | | o Dorsal recumbent | | |
| | | | o Lithotomy | | |
| | | | o Knee chest | | |
| | | | Pain | | |
| | | | Pain assessment and provision for comfort | | |
| | | | Promoting Safety in Health Care Environment | | |
| | | Provide safe and clean | • Care of Patient's Unit | | |
| | | environment | • Use of Safety devices: | • Fall risk | |
| | | | O Side Rails | assessment-1 | |
| | | | • Restraints (Physical) | | |
| | | | | | |
| | | | • Fall risk assessment and Post Fall Assessment | | |
| | | | | | |
| | | Demonstrate skill in admission, transfer, and discharge of a | Hospital Admission and discharge, Mobility and Immobility and Patient education | | Assessment of clinical skills using checklist |
| | | patient | Hospital Admission and discharge | | • OSCE |
| | | | Perform & Document: | | |
| | | | Admission | | |
| | _ | | Transfer | | |
| | 2 | | Planned Discharge | | |
| | | Demonstrate skill in | - | a Individual | A A A A A A A A A A A A A A A A A A A |
| | | caring for patients | Mobility and Immobility | Individual teaching-1 | Assessment of clinical skills |
| | | with restricted | • Range of Motion Exercises | | using checklist |
| | | mobility | • Assist patient in: | | • OSCE |
| | | | o Moving | | |
| | | | | | |

| Clinical Duration (in Week | | Procedural Competencies/ Clinical Skills (Supervised Clinical Practice) | Clinical Requirements | Assessment Methods |
|----------------------------|--|--|--|--|
| 1 | Plan and provide appropriate health teaching following the principles | Turning Logrolling Changing position of helpless patient Transferring (Bed to and from chair/wheelchair/ stretcher) Patient education | | |
| | Demonstrate skills in assessing and performing First Aid during emergencies | Bandaging Techniques Basic Bandages: Circular Spiral Reverse-Spiral Recurrent Figure of Eight Special Bandages: Caplin | Module completion National Disaster Management Authority (NDMA) First Aid module (To complete it in clinicals if not completed during lab) | Assessment of clinical skills using checklist OSCE (first aid competencies) |

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| S | Scheme of Internal Assessment of th | | | | |
|-------|---|--|---------------|-------|-----------|
| Sr. | Theory | Quantity | Marks | Round | Final |
| No | | | | off | Round off |
| | | | | | IA |
| 1. | Class Test I | • | 50 marks | 30 | Out of 15 |
| 2. | Class Test II | | 75 | 30 | |
| | | | Marks | | |
| 3. | Written Assignment | 2 | 50 | 10 | |
| 4. | Seminar/Microteaching/individual presentation | 2 | 50 | 12 | Out of 10 |
| 5. | Group project/Work/Report | 1 | 50 | 6 | |
| 6 | Attendance | (95-100%: 2 1.5 marks, 85 80-84: 0.5 mar | 5-89: 1 mark, | 2 | |
| (Marl | ks of each component to be rou | | | | |
| colum | nns marks and the final IA need to | o be calculated | l out of 25 | | |
| (15+1 | 0). | | | | |

| Scheme | of Internal Assessi | ment of Practical - | out of 25 marks | | |
|--------|-----------------------|---------------------|------------------|-----------|------------------------|
| Sr. No | Theory | Quantity | Marks | Round off | Final Round off for IA |
| 1. | Clinical | | | | |
| | Assignments: - | 1 | 3 | | |
| | 1 Clinical | 1 | 2 | | |
| | Presentation | | | 10 | |
| | 2 Drug | 1 | 5 | | |
| | presentation & | | | | |
| | report | | | | |
| | 3 Case study | | | | Total=30/3=10 |
| | Report | | | | |
| 2 | Completion of | 1 | 50 | 3 | |
| | Procedure and | | | | |
| | Clinical | | | | |
| | performance | | | | Round off to 10 |
| 3 | Continuous | 1 | 100 | 10 | |
| | evaluation of | | | | |
| | clinical | | | | |
| | performance | | | | |
| 4 | Attendance | (95-100%: 2 mai | rks, 90-94: 1.5 | 2 | |
| | | marks, 85-89: 1 | mark, 80-84: 0.5 | | |
| | | mark, <80: 0) | | | |
| 5. | End of Posting | | | 5 | |
| | OSCE | | | | |

| Sessiona | l Examin | ations = 15 ma | arks | | |
|----------|-----------|---------------------------------------|-------|-----------------|---------------------|
| Sr. No | Theory | Quantity | Marks | Round | Final Round off for |
| | | | | off | IA |
| 1. | OSCE | 1 | 50 | 10 | |
| 2. | DOP | 1 | 50 | 20 | Total=30/2=15 |
| | Total | | 100 | | |
| , | narks and | oonent to be rou the final IA need | | Round off to 15 | |