



BEST PRACTICES AT INSTITUTE OF NURSING KASAL ORIENTATION CAMP

1. Title of the Practice

Orientation Camp

2. Objectives of the Practice

This orientation camp is conducted for newly admitted students, with the objectives:

- To help students adapt to the new environment at Institute of Nursing Kasal
- To sensitize students to the code of conduct followed at Institute of Nursing Kasal
- To sensitize students to the need of developing personal and professional skills; e.g. working in teams, stress management, time management etc.

3. The Context

The Orientation Camp (together with other innovations in curriculum at Institute of Nursing Kasal) is an effort to introduce students who have been admitted into the B.Sc. Nursing course to value education. When students join Nursing college, they are excited, but also apprehensive about the new environment. There is need to build a system which helps students adapt easily to the new environment.

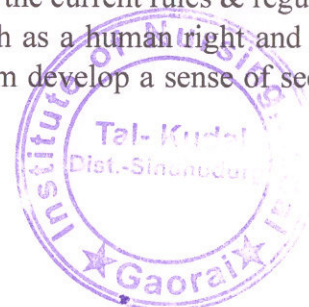
4. The Practice

Soon after admission to Institute of Nursing Kasal, students attend a 1 week orientation at Institute of Nursing Kasal.

- Parent Orientation: Offer a separate orientation program for parents and family members to help them understand the college experience and support their students.
- Communication Channels: Establish communication channels for parents and family members to stay informed about campus events, important deadlines, and student life.
- Meet the Faculty and Staff: Arrange meetings with faculty and staff to help students build relationships and establish a support network.
- Academic Advising: Offer academic advising sessions to help students choose courses, plan their academic path, and set goals.
- Department Orientation: offer orientation regarding library, Laboratories, Auditorium, teaching faculty etc.

5. Evidence of Success

The feedback from students regarding the Orientation camp has always been positive. Students said that the camp made them aware of the current rules & regulation of discipline committee, gave them the concept of health as a human right and made them believe in health equity. The camp also helped them develop a sense of security and prevented feelings of homesickness and loneliness.

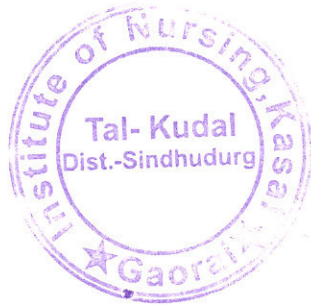


6. Problems Encountered and Resources Required

Institute of Nursing Kasal organizing a residential camp for students, immediately after students enter the college, has its own challenges. Many students find it difficult to adapt to college life and some of them do crib about this while they are attending the camp. However, all of them later vouch that it was a life-time experience which helped them in several ways.

7. Notes

The Orientation Camp is part of curricular innovation at Institute of Nursing Kasal. It is important that it is viewed in totality together with other curricular innovations.




Principal
SASCTK's, Institute of Nursing, Kasal
At Post- Gaorai, Tal- Kudal,
Dist.- Sindhudurg PIN- 416534



COMMUNITY OUTREACH AND ENGAGEMENT

1. Title of the Practice

Community Outreach and Engagement

2. Objectives of the Practice

This Community Outreach and Engagement is conducted:

- To provide students with hands-on experience and practical application of theoretical concepts.
- To foster interdisciplinary learning by engaging students in community-based projects that integrate multiple subjects.
- To Encourage students to conduct research and develop innovative solutions to address community needs
- To encourage students to contribute to positive social impact

3. The Context

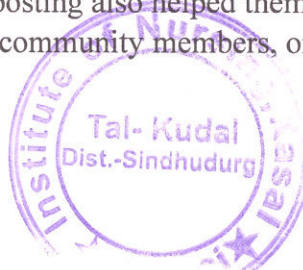
The Community outreach and engagement is an effort to introduce students who have been admitted into the B.Sc. Nursing course to address social, economic, and environmental issues. When students posted in community, they are excited, but also apprehensive about the new environment. There is need to build a system which helps students adapt easily to the community environment.

4. The Practice

- Cultural Humility: Practicing cultural humility by recognizing the limitations of one's own cultural perspective and being open to learning from others.
- Prioritizing Marginalized Communities: Prioritizing outreach efforts to marginalized communities,
- Needs Assessment: Conducting community needs assessments to identify areas of concern and develop targeted outreach strategies.
- Data Analytics: Leveraging data analytics to track outreach efforts, measure impact, and inform future strategies.
- Community empowerment: Empowering local communities to take action on social issues, promoting self-determination and collective impact.

5. Evidence of Success

The feedback from students regarding the Community Outreach and Engagement has always been positive. Students said that the posting made them aware of the current situation of community. The posting also helped them to assess the strength and quality of relationships between community members, organizations, and outreach providers.



6. Problems Encountered and Resources Required

Institute of Nursing Kasal organizing a Community Outreach and Engagement for students, has its own challenges. Many students find it difficult to adapt to community life and different kind of culture. However, all of them later vouch that it was a life-time experience which helped them in several ways.

7. Notes

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MENTOR – MENTEE SESSION

1. Title of the Practice

Mentor- Mentee Session

2. Objectives of the Practice

This Mentor- Mentee Session is conducted:

- To help mentees develop specific skills, such as leadership, communication, or problem-solving.
- To help mentees develop a better understanding of their strengths, weaknesses, values, and goals.
- To Regularly review progress, provide feedback, and adjust plans as needed.
- To develop a plan with specific steps to achieve the mentee's goals.

3. The Context

Mentoring relationships can develop through personal connections, such as friendships or family relationships. The Mentor- Mentee Session is an effort to introduce students who have been admitted into the B.Sc. Nursing course to help mentees develop a better understanding of their strengths, weaknesses, values, and goals.

4. The Practice

- Ask open-ended questions: Encourage mentee to share thoughts and feelings.
- Share personal experiences: Offer relevant stories to build rapport and trust.
- Develop action plans: Create a roadmap for achieving goals, including steps and timelines.
- Regularly review progress: Monitor progress, provide feedback, and adjust plans as needed.

5. Evidence of Success

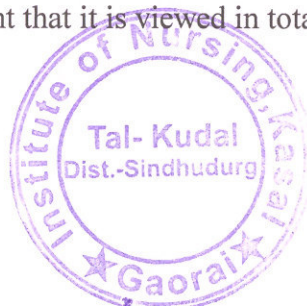
The feedback from students regarding the Mentor- Mentee Session has always been positive. Students said that the session made them aware of their strengths and weaknesses. The session also helped them to solve problem and enhanced the skills and knowledge.

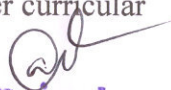
6. Problems Encountered and Resources Required

Institute of Nursing Kasal organizing a Mentor- Mentee Session for students. Many students find it difficult to adapt to different skills and some of them do crib about this. However, all of them later vouch that it was a life-time experience which helped them in several ways.

7. Notes

The Mentor- Mentee Session is part of curricular innovation at Institute of Nursing Kasal. It is important that it is viewed in totality together with other curricular innovations.




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